



GLOBALFOODSINC

NUTRITIONAL INFORMATION SHEET

Whole Grain Cinnamon Swirl Item # G0642

Add water only! Our Coffee Cake Mix comes complete with cinnamon flavored coffee cake mix and a packet of cinnamon spices for topping. Great on its own or with drained canned fruits, nuts, or the fresh fruit of your choice. This is the perfect item to use in combination with **BONUS COMMODITY Applesauce, Apple Slices, Blueberries, Walnuts, Cherries, or Apricots!**

Basic Recipe Ingredients:

- 1 #10 can Gage Coffee Cake Mix
- 1 Cinnamon Spice Packet (in can)
- 5 cups Water

Basic Recipe Directions:

OVEN METHOD:

1. Preheat oven to 375°F.
2. In a suitable container, combine Cake Mix and water. Mix thoroughly until wetted (approximately 3 minutes).
3. Pour batter into a greased full sheet pan.
4. Top with cinnamon spice packet and bake for 20-30 minutes.

Note: For a thicker coffee cake use a greased half pan instead of a full sheet pan.

Note: Due to oven variability, it is best to perform toothpick tests throughout the baking process.

Packaged Serving (grams): 34 g
Finished Serving (Volume): 3" x 2.6"
Finished Serving (oz): 2 oz
Recipe Yield (per Can): 60
Case Yield: 360

Nutrition Facts

Serving Size (34g)		Servings Per Container 60	
Amount Per Serving			
Calories 140	Calories from Fat 30		
% Daily Value*			
Total Fat 3g			5%
Saturated Fat 1g			5%
Trans Fat 0g			
Cholesterol 10mg			3%
Sodium 210mg			9%
Total Carbohydrate 26g			9%
Dietary Fiber 1g			4%
Sugars 13g			
Protein 2g			
Vitamin A 0%		• Vitamin C 0%	
Calcium 2%		• Iron 15%	
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories:	2,000	2,500
Total Fat	Less than	65g	80g
Saturated Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300 mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram:			
	Fat 9	• Carbohydrate 4	• Protein 4

Ingredient Statement:

Stone Ground Whole Wheat Flour, Sugar, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, and Folic Acid), Brown Sugar, Soybean Oil and Mono and Diglycerides, Powdered Egg Yolks, Salt, Sodium Aluminum Phosphate, Baking Soda, Cinnamon, Dextrose, Spice, Monocalcium Phosphate, Natural and Artificial flavors, Iron Chelate.

MADE IN A FACILITY THAT ALSO PROCESSES EGGS, MILK, WHEAT AND SOY.