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FULLY COOKED, WHOLE GRAIN, PORTIONED
**GOLDEN CRISPY, BREADED
CHICKEN TENDERS-CN**

WITH RIB MEAT

INGREDIENTS: Boneless, skinless, chicken breast with rib meat, whole wheat flour, water, contains 2% or less of the following: brown sugar, canola oil, cornstarch, citric acid, dried garlic, dried onion, dried yeast, garlic powder, isolated soy protein, maltodextrin, natural flavor, onion powder, paprika extract (color), rosemary extract (to protect flavor), salt, spice, sugar, torula yeast, turmeric extract (color), vegetable stock (corn, onion, celery), wheat gluten, yeast extract. Breading set in vegetable oil.
CONTAINS: SOY, WHEAT.

Three 1.41 oz. fully cooked whole grain golden crispy breaded chicken tenders
CN with rib meat provide 2.00 oz. equivalent meat/meat alternate and 1.00 oz. CN
equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo
and statement authorized by the Food and Nutrition Service, USDA, 12/17).

PREPARATION: Appliances vary, adjust accordingly.
CONVECTION OVEN: Preheat oven to 375°F with no steam, medium fan. Place frozen strips in a single layer on a parchment lined baking sheet. Heat for 10 minutes, uncovered.
CONVENTIONAL OVEN: Preheat oven to 400°F. Place frozen strips in a single layer on a parchment lined baking sheet. Heat for 11-13 minutes, uncovered.
*Federal Regulations Prohibit The Use Of Added Hormones Or Steroids In Chicken.

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KEEP FROZEN

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NET WT. 30.99 LBS.

Nutrition Facts

About 176 servings per container
Serving size 2 Pieces (79g)

Amount per serving

Calories 160

% Daily Value*

Total Fat 8g 10%

Saturated Fat 1.5g 8%

Trans Fat 0g

Cholesterol 30mg 10%

Sodium 270mg 12%

Total Carbohydrate 8g 3%

Dietary Fiber 1g 4%

Total Sugars 2g

Includes 1g Added Sugars 2%

Protein 13g 26%

Vit. D 0mcg 0% - Calcium 0mg 0%

Iron 1mg 0% - Potas. 320mg 10%

*This % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.



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