



# FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Chicken Ring Things

CODE NUMBER: 499180 Case Wt: 30# Donated Food/Case: 29.46# Standard Yield: 102%

SERVING SIZE: 3.475 oz Servings/Case 136 Contribution: 2 M/MA Serving 1 Grain Serving\*

\*Calculation for grains based on 16 grams creditable per ounce

UPC #: 100 75632 99180 1 Gross Cs/Wt: 31.87 Case Dim: 17.1 L x 13.1 W x 11.4 H Cube: 1.48 Pallet: Ti 8 Hi 7 Cs/Pallet: 56 Shelf Life 365 days



## BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken "Rings" produced from USDA A522 natural proportion white and dark meat commodity chicken. Unique "Ring Shaped" nugget to be batter breaded with Whole Grain enriched wheat flour and breaded with whole grain crumb style breader for optimum oven performance and extended holding times. 5 "Rings" @ 0.695 oz. each guaranteed by CN label to provide 2 ounces meat/meat alternative and 1 Grain serving. Product to provide zero grams trans fats.

## NUTRIENT INFORMATION -

### Basic Components

Calories (kcal)	214	Carbohydrates (g)	14
Fat (g)	10	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	17
Cholesterol (mg)	55	Whole Grain (g)	8

### Vitamins

Vitamin A-IU (IU)	51
Vitamin C (mg)	0

### Minerals

Sodium (mg)	375
Calcium (mg)	25
Iron (mg)	2

Jack Crauford - Director of School Foodservice

6/30/2016

Date

Primary Production Plant MT. Pleasant, TX CN #092999

# 499180



Fully Cooked

## Whole Grain Breaded Ring Thing Chicken Nuggets

Nugget Shaped Chicken Patties

**INGREDIENTS:** Chicken, Water, Isolated Soy Protein, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded and Predusted With:** Whole Wheat Flour, Salt, Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Whey, Dextrose, Spice, Soybean Oil (As A Processing Aid), Extractives of Turmeric and Paprika. **Battered With:** Water, Whole Wheat Flour, Spices, Leavening (Sodium Bicarbonate, Calcium Acid Pyrophosphate, Monocalcium Phosphate), Yeast Extract, Natural Flavor, Salt, Breeding Set In Vegetable Oil.

**CONTAINS: MILK, SOY, WHEAT**

"Copy not for documenting  
Federal Meal Requirements"

CN  
Five 0.695 oz Fully Cooked Whole Grain Breaded Ring Thing Chicken Nuggets, 092999  
Nugget Shaped Chicken Patties provide 2.00 oz equivalent meat/meat alternate and  
1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this  
logo and statement authorized by the Food and Nutrition Services, USDA 06/15.)  
CN

Distributed By: Pilgrim's Pride Corporation  
1770 Promontory Circle, Greeley, CO 80634 800-321-1470 www.poultry.com  
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**HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 6 to 8 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.



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