

**GRAND RAPIDS
SOUR CREAM, LOWFAT**

Brands
COUNTRY FRESH
SPARTAN

Nutrition Facts

Serving Size 2 TBSP(30g)

Servings Per Container

Amount Per Serving

Calories 30 **Calories from Fat** 15

% Daily Value*

Total Fat 2g **3%**

 Saturated Fat 1g **6%**

 Trans Fat 0g

Cholesterol 5mg **2%**

Sodium 35mg **1%**

Potassium 60mg **2%**

Total Carbohydrate 3g **1%**

 Dietary Fiber 0g **0%**

 Sugars 2g

Protein 1g

Vitamin A 4% • Vitamin C 0%

Calcium 4% • Iron 0%

Vitamin D 0%

* Percent Daily Values are based on a 2000 calorie diet.
Your daily values may be higher or lower depending on your calorie needs:

		Calories:	2,000	2,500
Total Fat	Less than		65g	80g
Sat Fat	Less than		20g	25g
Cholesterol	Less than		300mg	300mg
Sodium	Less than		2,400mg	2,400mg
Potassium			3,500mg	3,500mg
Total Carbohydrate			300g	375g
Dietary Fiber			25g	30g
Protein			50g	65g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

INGREDIENTS: cultured milk, cream, nonfat milk, food starch-modified (corn), propylene glycol monoester, sodium phosphate, agar, xanthan gum, cellulose gel, locust bean gum, cellulose gum, potassium sorbate (preservative), vitamin A palmitate.

Contains: milk

For Information Purposes Only.

This formula contains food allergen ingredients.

LLOYD WARD PRODUCTION FORMULA Formula # 23566 1/14/2010 Status: SUBMITTED
Replaces: 3/28/2008 2:10:46 (19649) This Nutrition Last Revised: 01/14/2010