

# 18200 Ultra Power Cocoa Breakfast

>51% WHOLE GRAIN – 1.9oz

SBI CODE # - 18200

UPC ITEM# - 091464182005

Nutrition Facts	
Serving Size 1.9oz (54g)	
Servings Per Container 1	
Amount Per Serving	
Calories 140	Calories from Fat 40
% Daily Value*	
Total Fat 4.5g	7%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 1g	
Monounsaturated Fat 1.5g	
Cholesterol 0mg	0%
Sodium 170mg	7%
Potassium 120mg	3%
Total Carbohydrate 22g	7%
Dietary Fiber 1g	5%
Sugars 11g	
Protein 4g	
Vitamin A 0%	• Vitamin C 40%
Calcium 15%	• Iron 35%
Thiamine 2%	• Riboflavin 2%
Niacin 2%	• Folate 0%

\*Percent Daily Values are based on a 2,000 calorie diet.

INGREDIENTS: 100% WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), WATER, SUGAR, VEGETABLE OIL (PALM OIL AND SOYBEAN OIL WITH CITRIC ACID ADDED AS A PRESERVATIVE), COCOA (PROCESSED W/ALKALI), WHEAT PROTEIN. CONTAINS 2% OR LESS OF THE FOLLOWING: DEFATTED SOY FLOUR, DEXTROSE, NONFAT DRY MILK, LEAVENING (SODIUM BICARBONATE, SODIUM ACID PYROPHOSPHATE, SODIUM ALUMINUM PHOSPHATE, GLUCONO DELTA-LACTONE), SOYBEAN OIL, CALCIUM CARBONATE, MAGNESIUM PHOSPHATE, NATURAL FLAVOR, PALM OIL (PALM OIL, MONO-DIGLYCERIDES, POLYSORBATE 60 AND CITRIC ACID ADDED AS A PRESERVATIVE), SALT, VITAMIN C ASCORBIC ACID, EGG WHITE, MONO-DIGLYCERIDES, SOY LECITHIN, VITAMIN E, WHEAT STARCH, VITAMIN D, AGAR, FERROUS SULFATE, ANNATTO & TURMERIC. CONTAINS: WHEAT, EGGS, MILK AND SOY



## PRODUCT CONTRIBUTION

GRAIN CREDIT: 1oz grain equivalent  
 GRAMS OF FLOUR: 16.2g  
 GRAMS OF WHOLE GRAIN: 8.6g  
 GRAMS OF ENRICHED: 7.6g  
 PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 54%  
 DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: Yes

## PRODUCT HIGHLIGHTS

- Meets AHG & HUSSC Guidelines
- Qualifies as Whole Grain Rich
- 28.9% calories from fat, 9.6% calories from sat fat, 20.3% sugar by weight (30-10-30)

## SUGGESTED BID SPEC

**Ultra Power Cocoa Breakfast /18200 - Whole Wheat**  
 - 80 - 1.9 oz. Frozen, individually wrapped thaw & serve. Must conform to USDA Child Nutrition Program specifications and meet 1oz grain equivalent. Student preferred brand Super Bakery #18200. Must supply minimum 4 grams of protein. Made with >51% Whole Wheat,  /  DAIRY Peanut Free Product, Made in the USA. Nutritional analysis required.

## CASE SPECS

cs/ct	80
case dimensions	19.5" L x 13" W x 6.1" H
case cube	.89
case weight	10.5 lbs
cases per pallet	91
TiHi	7 x 12
shelf life	frozen: 12 months / ambient: 5 days



1•800•722•6841 – Customer Service  
[www.superbakery.com](http://www.superbakery.com)

PRESIDENT, SUPER BAKERY, INC.

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