



# GOLDEN TIGER-SOUTHWEST STYLE CHICKN EGGROLL 3 OZ - 4/18ct Carton

A frozen 3 oz. Chicken Egg Roll filled with Cooked Chicken, Spinach, Whole Black Beans, Corn, Red Bell Pepper, and Pepper Jack Cheese.



Product Last Saved Date:20 February 2018

## Nutrition Facts

72 Servings per container

**Serving Size 1 Piece(s)**

**Amount Per Serving**  
**Calories 180**

**% Daily Value\***

**Total Fat 8 g 12%**

Saturated Fat 3 g **15%**

Trans Fat 0 g

**Cholesterol 20 mg 7%**

**Sodium 440 mg 18%**

**Total Carbohydrate 20 g 7%**

Dietary Fiber 3 g **12%**

Total Sugars 2 g

Includes g Added Sugars **%**

**Protein 9 g**

Vitamin D mg %

Calcium mg 10%

Iron mg 10%

Potassium mg %

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Code	GTIN	Pack	Pack Description
55220	10076366552207	72 X 3 ONZ	

Brand	Brand Owner	GPC Description
GOLDEN TIGER	Ajinomoto Windsor, Inc.	Sandwiches/Filled Rolls/Wraps (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
15.21 LBR	13.5 LBR	USA	No	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
14.875 INH	9 INH	10.625 INH	0.82 FTQ	13x4	365 Days	-10 FAH / 15 FAH

INGREDIENTS: Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Spinach, Jalapeno Jack Cheese (Cultured Pasteurized Milk, Salt, Red and Green Jalapeno Peppers, Enzymes), Seasoned Cooked Chicken (Chicken Breast Meat, Water, Maltodextrin, Salt, Autolyzed Yeast Extract, Sodium Phosphate, Spices, Soy Protein Concentrate, Modified Food Starch, Natural Flavor, Natural Smoke Flavor, Dehydrated Garlic, Dehydrated Onion, Extractives of Paprika, Water, Corn, Red Bell Pepper, Black Beans, Enriched Durum Flour (Durum Flour, Niacin, Ferrous Sulfate, Thiamine Mononitrate [Vitamin B1], Riboflavin [Vitamin B2], Folic Acid), Contains Less Than 2% Of: Spice, Sugar, Seasoning Blend (Spices, Paprika, Salt, Grill Flavor [Maltodextrin, Natural Flavor (Contains Natural Smoke Flavor), Modified Food Starch, Corn Syrup Solids], Dehydrated Onion and Garlic, Yellow Corn Flour, Extractives of Paprika, Citric Acid, and Not More than 2% Soybean Oil), Salt, Jalapeno Peppers (Jalapeno, Water, Vinegar, Salt, Trace of Calcium Chloride and Sodium Benzoate [As A Preservative]), Binder (Corn Starch, Methyl Cellulose, Egg White Powder, Xanthan Gum, Guar Gum), Garlic, Dried Whole Eggs, Vital Wheat Gluten, Methylcellulose, Cottonseed Oil. Pre-fried in vegetable oil. Contains: Wheat, Milk, Soy, and Egg.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - C	Milk - C	Peanuts - N
Soy - C	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

### Handling Suggestions :

### Benefits :

This is a ready to eat product (RTE). Convenient 4/18ct Pack. Four cartons with 18 egg rolls each; Easy to prepare; Deep-fry or bake..

### Serving Suggestions :

Serve this zesty appetizer (cut on the diagonal) with a cool dipping sauce.

### Prep & Cooking Suggestions :

Preparation Type: Heating Instructions Deep Fryer Instructions: Deep-Fry at 350°F. Frozen: 7 - 8 minutes, approximately. Thawed: 5 - 6 minutes. Microwave Instructions: Set microwave on high. Place frozen egg rolls on a microwave-safe dish. Allow 60 seconds per egg roll and 55 seconds for each additional egg roll. Conventional Oven Instructions: Preheat oven to 375°F. Place frozen egg rolls on a baking sheet. Turn once during heating. Conventional: 18 - 20 minutes. Convection: 14 - 16 minutes. Preparation Notes: Heating time may vary with equipment.

### Additional Images :

