



Item #L0082

Sweet Potato WaveLength® Fries

Brand: Sweet Things®

Cut Size: Deep "V" Steak

Package Size: 3/5#

Sweet Things® WaveLength Fries® are thick cuts of sweet potato featuring high ridges that run the length of each strip. Fries are coated with a savory red-batter seasoning so they cook up extra crisp on the outside, tender and delicious on the inside. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

Ingredients

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Potato, Corn), Corn Starch, Salt, Dextrin, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Dried Yeast, Xanthan Gum, Sugar, Oleoresin Paprika.

Allergens: NONE

Grade: A (EXTRA LONG FANCY-SEASONED FRIES)

Kosher: No

Country of Origin: USA

Shelf Life: 720 days

SCC Code: 10044979120823

Item Number: L0082

NUTRITION

Serving Size: 3 oz (84g/about 20 pieces)

Servings per container: About 80

Calories [per serving]: 120.0

Calories from fat: 35.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	4.0g	6.0%
Saturated Fat	0.0g	0.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	330.0mg	14.0%
Potassium	190.0mg	5.0%
Total Carbohydrate	20.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	7g	
Protein	1.0g	
Vitamin A		60%
Vitamin C		2%
Calcium		2%
Iron		2%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	8 - 10 min	400°F	
Conventional Oven	30 - 35 min	400°F	
Deep Fry	2 3/4 - 3 1/4 min	350°F	

SHIPPING & STORAGE

Shipping Information		Product Information	
Net Weight	15.0000	Grade	A (EXTRA LONG FANCY-SEASONED FRIES)
Gross Weight	16.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.72	Shelf Life	720 days
Ti/Hi	9,15		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.