



Item #L0101

Sweet Potato Seasoned Concertinas®

Brand: Sweet Things®

Cut Size: 3/8 CC

Package Size: 3/5#

Sweet Things® sweet potato Concertinas® feature deep grooves for crispy crunch and seasoned to savory-sweet perfection for universal appeal. Good source of Vitamin A. AVAILABLE IN SELECT MARKETS - EXCLUDING EUROPE.

Ingredients

Sweet Potatoes, Vegetable Oil (Contains One or More of the Following: High Oleic Canola, Canola, Sunflower), Modified Food Starch (Corn, Tapioca, Potato), Corn Starch, Sugar, Dextrin, Salt, Spices, Garlic Powder, Onion Powder, Leavening (Disodium Dihydrogen Pyrophosphate, Sodium Bicarbonate), Oleoresin Paprika, Xanthan Gum, Natural Flavor.

Allergens: NONE

Grade: A (LONG FANCY-SEASONED FRIES)

Kosher: No

Country of Origin: USA

Shelf Life: 720 days

SCC Code: 10044979121011

Item Number: L0101

NUTRITION

Serving Size: 3 oz (84g/20 pieces)

Servings per container: About 80

Calories [per serving]: 130.0

Calories from fat: 45.0

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

**Contains less than 2% of the Daily Value of these nutrients.

Amount Per Serving		DV%
Total Fat	5.0g	8.0%
Saturated Fat	0.5g	3.0%
Trans Fat	0	
Cholesterol	0.0mg	0.0%
Sodium	280.0mg	12.0%
Potassium	240.0mg	7.0%
Total Carbohydrate	21.0g	7.0%
Dietary Fiber	3.0g	12.0%
Sugars	7g	
Protein	1.0g	
Vitamin A		60%
Vitamin C		2%
Calcium		2%
Iron		2%

COOKING METHODS

Method	Time	Temperature	Additional Instructions
Convection Oven	10 - 12 min	400°F	
Conventional Oven	21 - 25 min	400°F	
Deep Fry	2 1/4 - 2 1/2 min	345 - 350°F	

SHIPPING & STORAGE

Shipping Information		Product Information	
Net Weight	15.0000	Grade	A (LONG FANCY-SEASONED FRIES)
Gross Weight	16.5000	Country of Origin	USA
Count Per Pound	N/A	Kosher Status	No
Case Cube	0.78	Shelf Life	720 days
Ti/Hi	9,13		

Handling Instructions

Do not drop. Handle like eggs. Perishable, keep frozen. Store at 0°F or colder.