



McCain® EMOTICON® MASHED POTATO SHAPES 6 X 4 LBS
USDA School Lunch Meal Planning Nutrition Facts
1000006639

NUTRITION FACTS			
Serving Size 2.4 oz. (68g) FROZEN *** about 4 pieces			
Amount per Serving			
Calories 120	Calories from Fat 35		
% Daily Value*			
Total Fat 4g	6%		
Saturated Fat 0.5g	3%		
Trans Fat 0g			
Polyunsaturated Fat 1.5g			
Monounsaturated Fat 1.5g			
Cholesterol 0mg	0%		
Sodium 80mg	3%		
Potassium 210mg	6%		
Total Carbohydrate 18g	6%		
Dietary Fiber 2g	7%		
Sugars 0g			
Protein 2g			
Vitamin A 0%	Vitamin C 0%		
Calcium 0%	Iron 4%		
INGREDIENTS: Potatoes, Dehydrated Potato Flakes (Potatoes, Mono- and Diglycerides, Sodium Acid Pyrophosphate (to maintain color), Citric Acid (to maintain freshness)), Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn). Contains 2% or less of Dextrose, Modified Cellulose, Natural Flavors, Potassium Chloride, Potato Starch - Modified, Salt, Sodium Acid Pyrophosphate Added To Maintain Color.			

*** Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.4 oz of McCain Emoticon shapes.

USDA Food Buying Guide (FBG) for Child Nutrition Programs			
Product: 1) Potato Products, frozen, Mashed; 2) Potato dehydrated flakes			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	27.13	1/2 cup heated vegetable	3.69

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	162.78	1/2 cup heated vegetable	0.61

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient**	Multiply	FBG Yield /Servings per Unit	Creditable Amount*
Potato, Mashed, Frozen	2.8576	X	7.37 / 16	1.3163
Potato, Dehydrated, Flakes	0.2934	X	50.5 / 16	0.9259
A. Total Creditable Amount				2.242

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

** The raw weight of 4 Smiles is 3.45 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cup	3.0 Quarter Cups = 3/4 Cup

I certify that this information is true and correct.

3/28/2018

Date

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