



# YOGURT ALL NATURAL VANILLA LOW FAT QUART

YOGURT NAT VAN LF QT 210



## Nutrition facts

Serving Size: 170 GR  
Servings Per Case: 32

### Amount Per Serving

Calories: 200                      Calories from Fat: 25

|                    | Per Serving | % Daily Value* |
|--------------------|-------------|----------------|
| Total Fat          | 3 g         | 5%             |
| Saturated Fat      | 2 g         | 10%            |
| Trans Fat          | 0 g         |                |
| Cholesterol        | 15 mg       | 5%             |
| Sodium             | 150 mg      | 6%             |
| Total Carbohydrate | 34 g        | 11%            |
| Dietary Fiber      | 0 g         | 0%             |
| Sugars             | 33 g        |                |
| Protein            | 10 g        |                |

|           | Per Srv |           | Per Srv |
|-----------|---------|-----------|---------|
| Vitamin A | 2%      | Vitamin C | 0%      |
| Calcium   | 35%     | Iron      | 0%      |

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

|                    | Calories  | 2,000   | 2,500   |
|--------------------|-----------|---------|---------|
| Total Fat          | Less than | 65g     | 80g     |
| Sat. Fat           | Less than | 20g     | 25g     |
| Cholesterol        | Less than | 300mg   | 300mg   |
| Sodium             | Less than | 2,400mg | 2,400mg |
| Total Carbohydrate |           | 300g    | 375g    |
| Dietary Fiber      |           | 25g     | 30g     |

Calories per gram

Fat 9      Carbohydrate 4      Protein 4

## Product Specifications:

| Code | SCC            | Units/Case | Unit Size/Measure | Servings/case |
|------|----------------|------------|-------------------|---------------|
| 210  | 20036632002109 | 6          | 32 OZ             | 32            |

| Brand  | IFDA Category  | IFDA Class |
|--------|----------------|------------|
| DANNON | Dairy Products | Yogurt     |

| Gross Weight | Net Weight | Country of Origin | Kosher | Child Nutrition |
|--------------|------------|-------------------|--------|-----------------|
| 12.8 LB      | 12 LB      | US                | Yes    | No              |

| Shipping Information |         |         |         |            |                      |
|----------------------|---------|---------|---------|------------|----------------------|
| Length               | Width   | Height  | TI x HI | Shelf Life | Storage Temp From/To |
| 14.88 IN             | 9.56 IN | 5.38 IN | 13 x 12 | 23 Days    | 38 °F / 45 °F        |

## Ingredients:

CULTURED GRADE A REDUCED FAT MILK, SUGAR, NATURAL VANILLA FLAVOR, PECTIN. CONTAINS ACTIVE YOGURT CULTURES INCLUDING L.ACIDOPHILUS.

## Handling Suggestions:

This product can be consumed on it's own, or as a part of a healthy meal or snack.

This product is a quart plastic container that has both a foil seal for freshness and a resealable plastic lid. Each container is marked with an individual UPC code that can be scanned. This product must be stored in refrigeration. Product should be stored in an upright position.

This product can be portioned from the container and served in various methods. It can be consumed without any additional cooking for use in such recipes as parfaits, smoothies or dips. It can be used in recipes for soups, salad dressings, prepared salads, or any other alternatives to sour cream or mayonnaise. In these recipes it may require additional cooking/preparation.

## Benefits:

Made from milk between .5 and 2% milkfat. Bulk yogurt used in various applications, including: parfait, smoothie, dips, soup, or other recipes as an alternate to sour cream or mayo. Plain yogurt used in recipes get flavor from other ingredients