

## Nutritional Information

07/16/2014

**720541 - CHICKEN WITH BROCCOLI & CHEESE (32-4z. )BREADED  
BONELESS CHICKEN, SPECIALLY SHAPED,STUFFED WITH  
BROCCOLI & PASTEURIZED PROCESSED CHEDDAR CHEESE**  
Serving Size: 4.0 oz, 1 piece

	Amount Per Serving	% of Daily Value
<b>Basic Components</b>		
Calories	220	
Calories from Fat	100 g	
Trans Fat	0 g	
Protein	21 g	
Carbohydrates	10 g	3 %
Dietary Fiber	1 g	4 %
Sugars	2 g	
Fat - Total	12 g	18 %
Saturated Fat	3 g	15 %
Cholesterol	45 mg	15 %
<b>Vitamins</b>		
Vitamin A		6 %
Vitamin C		20 %
<b>Minerals</b>		
Calcium		8 %
Iron		10 %
Sodium	370 mg	15 %

**Ingredients:**

Pattie Ingredients: Boneless chicken, water, isolated soy protein concentrate, Salt,  
Stuffing Ingredients: Broccoli, cheddar cheese ((milk, cheese culture, salt,  
enzymes), water, cream, sodium phosphates, salt, sorbic acid, apo-carotenal  
coloring.) Batter Ingredients: Water, bleached wheat flour, modified corn starch,  
yellow corn flour, salt, palm oil, leavening (sodium acid pyrophosphate, sodium  
bicarbonate), sugar, spices, onion powder, garlic powder, caramel color. Breeding  
Ingredients: Enriched bleached wheat flour (enriched with niacin, ferrous sulfate,  
thiamine mononitrate, riboflavin, folic acid), salt, sugar, partially hydrogenated  
soybean oil, yeast, spices, garlic powder, onion powder, caramel color, extractives  
of paprika.