



McCain® REDUCED SODIUM COSMIC CREATIONS SMILE POTATOES
 USDA School Lunch Meal Planning Nutrition Facts
 MCX03936

NUTRITION FACTS			
Serving Size 2.41 oz. (68g) FROZEN *** about 4 pieces			
Amount per Serving		Calories from Fat 50	
Calories 140	% Daily Value*		
Total Fat 6g	9%		
Saturated Fat 1g	5%		
Trans Fat 0g			
Polyunsaturated Fat 2g			
Monounsaturated Fat 2.5g			
Cholesterol 0mg	0%		
Sodium 190mg	8%		
Potassium 410mg	12%		
Total Carbohydrate 20g	7%		
Dietary Fiber 2g	7%		
Sugars 0g			
Protein 2g			
Vitamin A 0%	Vitamin C 4%		
Calcium 0%	Iron 2%		
INGREDIENTS: Potatoes, Vegetable Oil (Contains One Or More Of The Following Oils: Canola, Soybean, Cottonseed, Sunflower, Corn), Dried Potatoes, Potato Starch - Modified. Contains 2% or less of Citric Acid (To Maintain Freshness), Dextrose, Mono- & Diglycerides, Natural Flavors, Potassium Chloride, Salt, Sodium Acid Pyrophosphate Added To Maintain Natural Color.			

*** Per FBG, one serving portion (1/2 cup heated vegetable) equals 2.41 oz of McCain potatoes.

I certify that this information is true and correct.

USDA Food Buying Guide (FBG) for Child Nutrition Programs (Dec. 2007 Update)			
Product: Potato Products, frozen, Mashed (pg. 2-70), Potato dehydrated flakes, (pg. 2-68)			
USDA Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	USDA Purchase Units for 100 Servings
1 Pound		1/4 cup heated vegetable	

McCain Equivalent per Bag			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
4 Pounds	26.60	1/2 cup heated vegetable	3.76

McCain Equivalent per Case			
McCain Purchase Unit	USDA Servings per Purchase Unit	USDA Serving Size per Meal Contribution	McCain Purchase Units for 100 Servings
24 Pounds (6 Bags per Case)	159.60	1/2 cup heated vegetable	0.63

Description of Creditable Ingredients per Food Buying Guide (FBG)	Ounces per Rpw Portion of Creditable	Multiply	FBG Yield /Servings	Creditable Amount*
Potato, Mashed, Frozen	2.8812 oz by weight	X	7.39 / 16	1.33
Potato, Dehydrated, Flakes	0.2744 oz by weight	X	50.5 / 16	0.866
A. Total Creditable Amount				2.196

* Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the FBG Yield Information.

** The raw weight of 4 Smiles is 3.43 oz.

Using the quarter cup to cup conversion chart below to calculate the quarter cup creditable amount.

Quarter Cup to Cup Conversion:

0.5 Quarter Cups = 1/8 Cup	1.5 Quarter Cups = 3/8 Cup	2.5 Quarter Cups = 5/8 Cup
1.0 Quarter Cups = 1/4 Cup	2.0 Quarter Cups = 1/2 Cups	3.0 Quarter Cups = 3/4 Cup

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Date

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