



FACT SHEET

The following nutrient information for our product is based on the certified portion size as stated on CN Label.

PROCESSOR NAME: Pilgrim's Pride Corp. - Gold Kist Farms Brand

PRODUCT NAME: FC CN Whole Grain Breaded Popcorn Chicken with ISP

CODE NUMBER: 691600 Case Wt: 20# Donated Food/Case: 12.341# Standard Yield: 162%

SERVING SIZE: 3.08 oz Servings/Case 103 Contribution: 2.0 M/MA Serving 1 Grain Serving*
14 - .22 oz pieces = 1 serving *Calculation for grains based on 16 grams creditable per ounce.

UPC #: 10075632 91600 Gross Cs Wt.: 21.45# Case Dim: 15.8 L x 11.8 W x 9.5 H Cube: 1.02 Pallet: Ti 10 Hi 8 Cs/Pallet: 80 Shelf Life 365 days



BID DESCRIPTIONS

Whole Grain Breaded fully cooked CN labeled chicken popcorn bites with ISP. Chicken popcorn bites to be batter breaded with Whole Grain wheat flour homestyle breader. 14 Popcorn bites @ 0.22 oz. each guaranteed by CN label provides 2 oz. meat/meat alternative and 1 Grain serving. Product must provide zero grams trans fat.

NUTRIENT INFORMATION

Basic Components

Calories (kcal)	193	Carbohydrates (g)	13
Fat (g)	9	Dietary Fiber (g)	2
Saturated Fat (g)	2	Total Sugars (g)	0
Trans Fatty Acid (g)	0	Protein (g)	15
Cholesterol (mg)	34	Whole Grain (g)	8

Vitamins

Vitamin A-IU (IU)	108
Vitamin C (mg)	0

Minerals

Sodium (mg)	420
Calcium (mg)	15
Iron (mg)	2

Jack Crawford - Director of School Foodservice

6/30/2016

Date

Primary Plant Production Waco, TX CN #093006 - Additional Elberton, GA CN #093005

NET WT. 20 LBS.
MIN. 1442 PCS.
KEEP FROZEN

Fully Cooked

691600

Whole Grain Breaded Popcorn Style Chicken Patties

INGREDIENTS: Chicken, Water, Isolated Soy Protein, Sugar, Reduced Sodium Sea Salt (Sea Salt, Potassium Chloride, Rice Flour), Sodium Phosphates, White Pepper, Onion Powder, Garlic Powder. **Breaded With:** Whole Wheat Flour, Salt, Enriched Wheat Flour (Enriched With Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Disodium Inosinate And Disodium Guanylate, Onion Powder, Spice, Yeast, Garlic Powder, Maltodextrin, Sugar, Soy Sauce (Fermented Soybeans, Wheat, Salt), Soybean Oil (As A Processing Aid), Extractives Of Paprika, Yeast Extract. **Battered With:** Water, Whole Wheat Flour, Modified Corn Starch, Salt, Onion Powder, Garlic Powder, Nonfat Milk, Whey, Disodium Inosinate And Disodium Guanylate. **Predusted With:** Whole Wheat Flour, Modified Corn Starch, Salt, Spice Extractive, Breading Set In Vegetable Oil.

CONTAINS: MILK, SOY, WHEAT

"Copy not for documenting
Federal Meal Requirements"

Each 3.08 oz (by weight) serving (Fourteen 0.22 oz pieces) of Fully Cooked Whole Grain Breaded Popcorn Style Chicken Patties provide 2.00 oz equivalent meat/meat alternate and 1.00 oz equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 06/15).

Distributed By: Pilgrim's Pride Corporation
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HEATING INSTRUCTIONS FROM FROZEN: Conventional Oven: Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 10 to 14 minutes. **Convection Oven:** Preheat oven to 350°F. Place frozen chicken pieces in a single layer on ungreased baking pan. Bake uncovered for 8 to 10 minutes. Fully heat product to a minimum internal temperature of 165°F. Appliances vary, adjust heat times accordingly.



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