



Product Specification and Nutritional Information

Current Revision Date: 11/28/2018 Replaces Spec Dated 7/1/2018



Stock Code		Product Name							
63457		Bean & Cheese Burritos							
Bulk Pack									
Net Wt. (oz)	Case Pack	Case Net Wt. (Lbs)	UPC/GTIN	Ship Wt. (Lbs)	Case Cube	Case Dimensions (in)	Pallet Count	Tie/High	
5.450	48	16.35	10706574634579	17.59	0.618	19.000 L 15.500 W 3.625 H	66	6 x 11	
Child Nutrition (CN) Meal Pattern Contributions¹				CN # 089242	CN Date 11-18	CN Expiration Date 11/26/2023			
Each 5.450 oz. portion provides*:	Meat/Meat Alternate. (oz)	Equivalent Grains (oz)	Legume veg (cup)	Red/Orange veg (cup)	Dark Green veg (cup)	Starchy veg (cup)	Other veg (cup)		
A	2.00	2.00							
--- OR ---									
B	1.00	2.00	1/4						

* - use the crediting in row A or row B, but not both. (based on the dual meat alternate/vegetable crediting for legumes.)
 1 - if there is a CN number and CN date listed, the item is CN labeled.

Ingredient Statement

Ingredients: Filling: Water, Pinto Beans (Cooked Pinto Beans (Water, Pinto Beans), and Salt), Pinto Beans), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Contains 2% or less of: Spices, Garlic Powder, Salt, and Corn Starch.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Allergen Statement Contains WHEAT, SOY, MILK

BID Specification

Burrito -Frozen, Bean & Cheese flavor. Each 5.45 oz. burrito provides 2.00 OZ Meat/Meat Alternate and 2.00 OZ EQV Grain OR 1.00 OZ Meat/Meat Alternate and 1/4 Cup Legume Vegetable and 2.00 OZ EQV Grain towards the NSLP. No Textured Vegetable Protein added to the Bean & Cheese filling. Minimum ingredients to resemble scratch cooking preparation. Whole Grain Rich Tortilla CN labeled. Burritos are bulk packed. Preparation instructions printed on outside of box. 48 count. No more than 525 mg Sodium, Less than 11% calories from saturated fat, 0 Trans Fat added, No less than 320 Kcal. Hand held-Fully cooked. Vegetarian Cabo Real Brand 63457

Nutritional Information

Serving Size 5.450 oz. (154.51 g)
 Servings Per Package: 1
 Calories (Kcal) 326.06
 Calories from Fat 84.96
 Protein (g) 16.18
 Carbohydrates (g) 44.08
 Sugars (g) 1.42
 Tot. Dietary Fiber (g) 8.90
 Ash (g) 3.00

% Calories from Fat 26.06%
 % Calories from Sat Fat 10.82%
 % Sugar 0.92%

Fats

Total Fat (g) 9.44
 Saturated Fat (g) 3.92
 Trans Fat (g)* 0.00
 Cholesterol (mg) 17.03
 Water (g) 81.81

Basis of Analysis: as Cooked.

Fat Change +/- 0% Moisture Change +/- 0%
 Data Source: USDA Handbook 8

Vitamins	%DV	Minerals	%DV
Vitamin A (RE)	54.64	Iron (mg)	3.52 20%
Vitamin A (IU)	219.17 4%	Sodium (mg)	519.31
Vitamin C (mg)	1.36 2%	Calcium (mg)	179.67 20%
		Potassium (mg)	487.53

*-Trans Fats naturally occurring

Heating Instructions

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

For Additional Information, visit our website at www.mcifoods.com or contact:

M.C.I. FOODS, INC. 13013 Molette St., Santa Fe Springs, CA 90670 562-977-4000 or 800-704-4661



Bean & Cheese Burritos

Stock Code
63457
Lot #
55555

Bulk Pack
DOP: 323-18-D3

KEEP FROZEN
FOR INSTITUTIONAL USE ONLY

	CN	089242	
Each 5.45 oz. Burrito provides 2.00 oz. equivalent meat alternate and 2.00 oz.			
equivalent grains or 1.00 oz. equivalent meat alternate and 1/4 cup legume vegetables	CN		CN
and 2.00 oz. equivalent grains for Child Nutrition Meal Pattern Requirements. (Use of this logo and statement authorized by the Food and Nutrition Service, USDA 11-18).			
	CN		

48 CT - 5.45 OZ.

W245

Lot #

55555

Ingredients: Filling: Water, Pinto Beans (Cooked Pinto Beans ([Water, Pinto Beans], and Salt), Pinto Beans), Cheddar Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes, May contain Annatto Color), Contains 2% or less of: Spices, Garlic Powder, Salt, and Corn Starch.

Whole Wheat Flour Tortilla, Soy Flour Enriched (Wheat Flours [Whole Wheat Flour, Enriched Bleached Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid)], Water, Soy Flour, Soybean Oil, Potato Starch, Pea Fiber, Distilled Monoglyceride, Wheat Gluten, Glycerine, Salt, Baking Powder (Corn Starch, Sodium Bicarbonate, Sodium Aluminum Sulfate, Monocalcium Phosphate).

Heating Instructions: FOR BEST RESULTS, HEAT FROM A REFRIGERATED STATE. Cover sheet pan with parchment paper. Place burritos on pan with flap facing up. Heat to an internal temperature of 160 deg. F. Caution: Do not over heat. Heating above 165 deg. F. may cause filling leakage. Heating times may vary due to variation in equipment used. Convection Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 16-19 min. Refrigerated: Heat for 10-12 min. Conventional Oven: Preheat Oven to 300 deg. F. Frozen: Heat for 19-23 min. Refrigerated: Heat for 12-14 min. Microwave: Frozen: Heat on High for 45 seconds. Let rest for 15 seconds. Heat for another 30 seconds. Let rest for 1 min. before consuming. Refrigerated: Heat for 40 seconds. Let rest for 15 seconds. Heat for another 15 seconds. Let rest for 1 min. before consuming. Do not Fry.

Stock Code

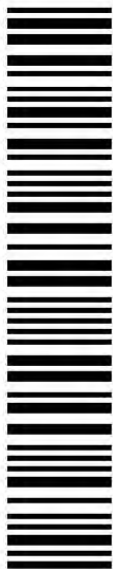
Proudly Made in the USA

Contains WHEAT, SOY, MILK

63457

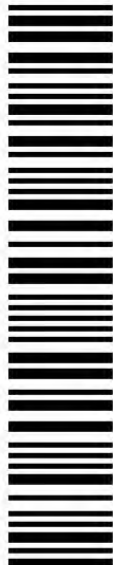
NET WT. 16 LBS. 5.60 OZ.
M.C.I. FOODS, INC. SANTA FE SPRINGS, CA 90670 USA

Copy not for documenting Federal Meal Requirements



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CR CN NF WG DUAL LEG
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