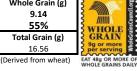


- Whole Grain
- Zero Trans Fat
- All Natural Flavors
- No High Fructose Corn Syrup
- No Peanuts or Tree Nuts
- Low Fat
- Low Sat Fat
- Low Sodium
- 2g Fiber
- No Dairy
- No Preservatives
- Kosher
- 1 oz. Grain Equivalent

Whole Grain (g) 9.14 55% Total Grain (g) 16.56



INGREDIENTS: Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamin Mononitrate, Riboflavin, Folic Acid), Sugar, Soybean Oil, Cocoa (Processed with Alkali), Salt, Sodium Bicarbonate, Natural Flavors, Corn Starch, Monocalcium Phosphate, Added Vitamins and Iron (Ascorbic Acid, Vitamin A Palmitate, Niacinamide, Iron/Electrolytic, Riboflavin, Thiamin Mononitrate, Maltodextrin as Carrier).

Contains: Wheat

GTIN Code	Serving Size	Case/Pk	Ti-Hi	Case Dimension	Case Cube	Gross Wt	Net Wt
00682830402003	28g/1 oz	300/2ct	8 x 7 HI	19 x 11 x 10	1.3	21 lb	19 lb

Each package of this product meets USDA requirements for a 1 oz. GRAIN

Product Formulation Statement for Grains									
Description of Creditable Grain Ingredient	Grams of Creditable Grain per Portion	Gram Standard of Creditable Grain per oz Equivalent	Creditable Amount						
Whole Wheat Flour	9.14	16	0.57						
Enriched Flour	7.42	16	0.46	•					
Total Creditable Grain Amount			1						
Non-Creditable Grains (Not in	cluded in totals abo	ve)	0.07g						
Description of Product per Food Buying Guide	Portion Size of Product as Purchased	Weight of one ounce equivalent as listed in SP 30-2012	Total Creditable Amount	Exhibit Group Product Belongs to	Total Weight of Product per Portion as Purchased	Total Contribution of Grain per Portion			
Graham	28g	28g	1	Group B	28g	1 oz. equivalent			

MJM products are produced in a nut-free & peanut-free facility. MJM does not purchase, store or produce any products that contain peanuts, peanut oil, peanut butter, or any products made from nuts.

Helen Corey (800) 505-5080 Vice President

HUSSC GOLD STANDARD APPROVED

MJM Marketing

Nutritional Statement MJM #402001 **Smart Snack Approved**

(28g)

4%

3%

0%

4%

8%

7%

14%

0%

2%

15%

2%

15%

15%

20%

% Daily Value*

Dietary Fiber 2g

Total Sugars 7g

Protein 2g

Iron 3mg

Vitamin D 0mcg

Potassium 97mg

Riboflavin 0.2mg

Thiamin 0.2mg

Niacin 3mg

Calcium 15mg

Includes 7g Added Sugars

*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4