

Fernando's**05877**

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CHEESE QUESADILLA**INDIVIDUALLY WRAPPED**

INGREDIENTS: TORTILLA (WHEAT FLOUR, WATER, ENRICHED BLEACHED WHEAT FLOUR (WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), VEGETABLE SHORTENING (PALM AND/OR SOY BEAN OIL), CORN FLOUR (STONE GROUND WHITE CORN FLOUR, TRACES OF LIME, NO ADDITIVES), CONTAINS 2% OR LESS OF THE FOLLOWING: MONO AND DIGLYCERIDES LEAVENING (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE AND MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, SUGAR, RICE FLOUR, FUMARIC ACID, L-CYSTEINE HYDROCHLORIDE, ENZYMES, YEAST, SODIUM METABISULFITE AND NATURAL FLAVOR), PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESE (MILK, CHEESE CULTURE, SALT, ENZYMES), WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR (ANNATTO AND APICAROTENAL), TRON-FREY JACK CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), WATER, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, RICE STARCH, POTATOES, SOYBEAN OIL, JALAPENO PUREE (JALAPENO PEPPERS, WATER, CITRIC ACID), DEHYDRATED ONION, SODIUM ALGINATE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), NATURAL FLAVOR, JALAPENO SEASONING (SPICES INCLUDING CHILI PEPPERS), ONION, PAPRIKA, GARLIC, SALT), NATURAL LIME JUICE POWDER (CORN SYRUP SOLIDS AND NATURAL FLAVORS (LIME JUICE SOLIDS, NATURAL FLAVORS), SEASONING BLEND (SPICES: GARLIC, ONION), NATURAL FLAVOR ENHANCER, DEHYDRATED SOY SAUCE (SOY SAUCE (SOY BEANS, WHEAT SALT), MALTODEXTRIN), YEAST EXTRACT) SPICE, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC (FOR COLOR)), SODIUM PHOSPHATE. CONTAINS WHEAT, SOY, MILK AND GLUTEN

Copy not for documenting
Federal meal requirements

Nutrition Facts

Serving Size 1 Piece (68 g)
Servings Per Container 144

Amount Per Serving

Calories 190 **Calories from Fat 80**

% Daily Value*

Total Fat 9 g **14 %****Saturated Fat 6 g** **30 %****Trans Fat 0 g****Cholesterol 20 mg** **7 %****Sodium 390 mg** **16 %****Total Carbohydrate 18 g** **6 %****Dietary Fiber 2 g** **8 %****Sugars 1 g****Protein 9 g****Vitamin A 8 %** • **Vitamin C 2 %****Calcium 20 %** • **Iron 8 %**

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

Calories: 2,000 2,500

Total Fat	Less than	65 g	80 g
Sat Fat	Less than	20 g	25 g
Cholesterol	Less than	300 mg	300 mg
Sodium	Less than	2,400 mg	2,400 mg
Total Carbohydrate		300 g	375 g
Dietary Fiber		25 g	30 g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

EACH 2.40 OZ. QUESADILLA PROVIDES 1.00 OZ. EQUIVALENT MEAT ALTERNATIVE AND 1.00 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION

094134

MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE USDA 12-15).

HEATING INSTRUCTIONS

	FRIED 360 F		MICRO		OVEN 300 F		CONVEC. 300 F	
FROZEN	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.	*N/R	MIN.
THAWED	*N/R	MIN.	*N/R	MIN.	10-12	MIN.	9-11	MIN.

Internal Temperature of product should be 160 F. *N/R - Not Recommended

INSPECT BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS

KEEP FROZEN

Dist. by Fernando's Foods,
Compton, CA 90221

NET WT. 21.60 LBS.
144 CT/2.40 OZ.

123 - 5357 - 0007