

Simply Sauce WG Breaded AK Pollock Bites with

Our bite-sized portions of whole grain breaded Pollock are an easy way to add fun and bold flavor to school menus.



Nutrition Facts

40 Servings per container

Serving Size Fish and Sauce

Amount Per Serving

Calories **330**

% Daily Value*

Total Fat 11 g **20%**

Saturated Fat 1.5 g **10%**

Trans Fat 0 g

Cholesterol 50 mg **17%**

Sodium 260 mg **16%**

Total Carbohydrate 20 g **12%**

Dietary Fiber 2 g **8%**

Total Sugars 1 g

Includes g Added Sugars %

Protein 15 g

Vitamin D mg %

Calcium mg 2%

Iron mg 8%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Code	GTIN	Pack	Type Of Catch
26257	10074638262571	1 X 14 LBR	

Brand	GPC Description
High Liner Foodservice	Fish – Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
14.8 LBR	14.0 LBR	USA	No	No

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
16.2 INH	8 INH	10.1 INH	1309	15x4	547 Days	-15 FAH / -14 FAH

Ingredients:

FISH: 64.2% ALASKA POLLOCK; 35.8% BATTER AND BREADER: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), ENRICHED WHEAT FLOUR (FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), MODIFIED CORN STARCH, WATER, WHOLE YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SUGAR, SALT, WHEY, YEAST, YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DRIED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO AND TURMERIC (COLOR). PREFRIED IN CANOLA, COTTONSEED, AND/OR SOYBEAN OIL. CONTAINS: FISH (POLLOCK), WHEAT, MILK.

SAUCE: WATER, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, ALCOHOL, VINEGAR), TOMATO PASTE, SESAME OIL, CORN STARCH, CONTAINS: 2% OR LESS OF: HOISON SAUCE (SUGAR, WATER, RICE VINEGAR, CORN STARCH, SOYBEANS, WHEAT FLOUR, GARLIC, CHILI PEPPER), SESAME SEEDS, VINEGAR, CITRIC ACID, DEHYDRATED PARSLEY, SPICES, GARLIC POWDER.

Allergens(C='Contains' MC='May Contain' N='None' NI='No Info Provided'):

Eggs - N	Milk - C	Soy - C
Fish - C	Wheat - C	TreeNuts - N
Peanuts - N	Crustacean - N	

Prep & Cooking Suggestions:

KEEP FROZEN UNTIL READY TO USE. COOK TO AN INTERNAL TEMPERATURE OF 165°F.

Conventional Oven: Bake at 400°F for 15-16 minutes.

Convection Oven: Bake at 375°F for 13-15 minutes.

Fryer: Deep fry at 360°F for 3 1/2 minutes.

Serving Suggestions:

Rice Bowl, Tacos, Lunch

Species / Scientific Name:

Pollock

Claims & Child Nutrition:

BAP Certified :

MSC Certified :

Has CN Statement :

CN Statement :





Oven Ready Whole Grain Breaded Pollock Bites with Sweet Asian Sauce



26257

LOT:

- INDIVIDUALLY QUICK FROZEN
- KEEP FROZEN
- DO NOT REFREEZE

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EST. # 002

COOKING INSTRUCTIONS: FOR BITES: Cook from frozen state. CONVENTIONAL OVEN: Bake at 400°F for 16-18 minutes. CONVECTION OVEN: Bake at 350°F for 20 minutes. FRYER: Deep fry at 360°F For 3 ½ minutes.

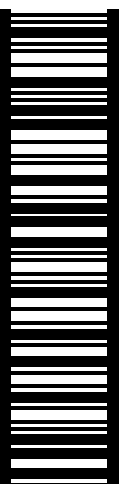
NOTE: COOK TO AN INTERNAL TEMPERATURE OF 165°F MINIMUM.

FOR SAUCE: PREPARATION: FOR FOOD SAFETY, KEEP FROZEN AT 0°F (-18°C) UNTIL READY TO USE. TO HEAT FROM FROZEN: Place sealed bag of sauce into hot boiling water or steamer for approx. 20 minutes or until reaching an internal temperature of 165°F. TO HEAT FROM THAWED: Thaw sealed bag in the refrigerator for at least 24 hours prior to use. Place sealed bag of sauce into hot boiling water or steamer for approximately 12 minutes or until reaching an internal temperature of 165°F. DO NOT REHEAT. Discard any unused sauce.

INGREDIENTS: POLLOCK 64.2%, BREADING & BATTER 35.8%: ENRICHED WHEAT FLOUR (FLOUR, NIACIN, FERROUS SULFATE, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), WHOLE WHEAT FLOUR, WATER, MODIFIED CORN STARCH, WHOLE GRAIN YELLOW CORN MEAL, CONTAINS 2% OR LESS OF: YELLOW CORN FLOUR, SUGAR, SALT, YEAST, DRIED WHEY, AUTOLYZED YEAST EXTRACT, LEAVENING (SODIUM BICARBONATE, MONOCALCIUM PHOSPHATE), MODIFIED CELLULOSE, DRIED ONION, CARAMEL COLOR, EXTRACTIVES OF PAPRIKA, ANNATTO, AND TURMERIC (COLOR), PARFRIED IN CANOLA, COTTONSEED AND/OR SOYBEAN OIL.

CONTAINS: FISH (POLLOCK), WHEAT, MILK
ASIAN SAUCE: WATER, SUGAR, SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, VINEGAR), TOMATO PASTE, SESAME OIL, CORN STARCH, CONTAINS 2% OR LESS OF: HOISIN SAUCE (SUGAR, WATER, SALT, SWEET POTATO POWDER, RICE, VINEGAR, CORN STARCH, SOYBEANS, SESAME PASTE, SPICES, WHEAT FLOUR, GARLIC, CHILI PEPPER), SESAME SEEDS, VINEGAR, CITRIC ACID, DEHYDRATED PARSLEY, SPICES, GARLIC POWDER.
CONTAINS: WHEAT, SOY

NET WT 14 Lb (6.35 kg)



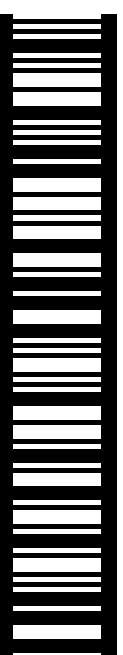
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EIGHT 0.50 OZ OVEN READY WHOLE GRAIN BREADED POLLOCK BITES WITH 1.6 OZ SWEET ASIAN SAUCE PROVIDE 2.00 OZ EQUIVALENT MEAT AND 1.50 OZ EQUIVALENT GRAIN FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, SEP 19 2019	
CN	CN

Copy, Not for Documenting Federal Meal Requirements

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