



## QUAKER® QUAKES CHEDDAR CHEESE RICE SNACKS - .67 oz. (19 g)

Nutrition Facts Serving Size 1 Bag (19g)			
Amount Per Serving  Calories 90 Calories from Fat 25			
% Daily Value*			
Total Fat 3g		5%	
Saturated Fat .5g		2%	
Trans Fat 0g			
Polyunsaturated F	at 1g		
Monounsaturated			
Cholesterol 0mg		0%	
Sodium 260mg		11%	
Total Carbohydrate	13g	4%	
Dietary Fiber 1g		3%	
Sugars 1 g			
Protein 1g			
Vitamin A		0%	
Vitamin C		0%	
Calcium		0%	
Iron		0%	
<ul> <li>Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: Calories: 2,000 2,500</li> </ul>			
Total Fat Less than Sat. Fat Less than Cholesterol Less than Sodium Less than Potassium Total Carbohydrate Dietary Fiber	65g 20g 300mg 2,400mg 3,500mg 300g 25g	80g 25g 300mg 2,400mg 3,500mg 375g 30g	

INGREDIENTS: WHOLE GRAIN BROWN RICE, CORN (WITH GERM REMOVED), SUNFLOWER OIL, WHEY, SALT, MALTODEXTRIN, CHEDDAR AND BLUE CHEESE (CULTURED MILK, SALT, ENZYMES, ANNATTO EXTRACT), PARTIALLY HYDROGENATED SOYBEAN AND COTTONSEED OIL\*, BUTTER (CREAM, SALT), MONOSODIUM GLUTAMATE, LACTIC ACID, TRICALCIUM PHOSPHATE, SODIUM PHOSPHATE, CALCIUM LACTATE, CITRIC ACID, GUM ARABIC, NATURAL FLAVOR, ANNATTO EXTRACT, ENZYME MODIFIED CHEESE (CULTURED MILK, SALT, ENZYMES).

\*ADDS A DIETARILY INSIGNIFICANT AMOUNT OF TRANS FAT

## **CONTAINS MILK INGREDIENTS**

Case UPC	100-30000-44117-3
Package UPC	0-30000-44117-6
Case Pack	60/.67 oz. bags
Kosher Status	No
AHG Compliant:	No
Grain – oz. eq.	.5 oz. eq.
Weight of Grain	8 g
Meets USDA Whole Grain Rich Definition	Yes
Document Updated	8/13

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.