



GFS APPLE SPICE MUFFINS I/W

SKU: 009390157699
GTIN: 0009390157699
Piece Weight: 1.8 oz
Pieces Per Case: 80
Case Net Weight: 9 lbs.
Case Gross Weight: 11.25 lbs.
Case Dimensions: 11.75 x 14.5 x 9.5
Case Cube: .94
Tie/High: 11/8
Storage Temperature: 0°F or below
Shelf Life: 365 Days Frozen; 5 Days Ambient
Kosher: Yes

Preparation and Heating Instructions:

Store frozen at 0°F or below until ready to use. Remove frozen muffins from packages; put on a sheet pan.

Bake in a preheated 350°F convection oven for 10-12 minutes.

Bake in a preheated 375°F conventional oven for 20-22 minutes.

Thaw at room temperature – about 2-1/2 hours. Remove thawed muffins from packages; put on a sheet pan.

Bake in a preheated 350°F convection oven for 7-9 minutes.

Bake in a preheated 375°F conventional oven for 10-12 minutes.

Microwave Oven:

If room temperature – 15 seconds
If refrigerated – 20 seconds
If frozen – 25 seconds

NUTRITION FACTS

Serving Size: 1 piece (51 grams)

Servings Per Case: 80

Amount Per Serving

Calories: 180 Calories from Fat: 70

% Daily Value*

Total Fat: 8g	12%
Saturated Fat: 1g	5%
Trans Fat: 0g	
Cholesterol: 15mg	5%
Sodium: 180 mg	8%
Total Carbohydrate: 23g	8%
Dietary Fiber: <1g	2%
Sugars: 11g	
Protein: 3g	

Vitamin C: 10% Calcium: 2%
Iron: 4%

*Percent daily values are based on a 2,000 calorie diet. Your daily value may be higher or lower, depending on your calorie needs.

Ingredients: Enriched Bleached Flour (Wheat Flour, Malted Barley Flour, Niacin, Iron, Thiamin Mononitrate [Vitamin B¹], Riboflavin [Vitamin B²], Folic Acid), Water, Sugar, Soybean Oil, Diced Apples, Water, Eggs, Molasses, Nonfat Milk, Contains 2% or less of: High Fructose Corn Syrup, Food Starch Modified, Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Salt, Natural Flavors, Potassium Sorbate (to retain freshness), Sodium Propionate (to retain freshness), Xanthan Gum, Cinnamon, Spices, Corn Starch.

Contains: Egg, Milk, Wheat

Clayton Ace Streeter
Corporate Quality Manager

Updated 7/14/14