



Indicative Nutritional Information

Ambrosia Select Choc. Flavored Baking Chips

Number of Servings: 1 (100 g per serving)

Weight: 100 g

<i>Nutrient</i>	<i>Value</i>
Calories (kcal)	492.90
Calories from Fat (kcal)	222.51
Fat (g)	24.72
Saturated Fat (g)	23.07
Mono Fat (g)	0.88
Poly Fat (g)	0.34
Trans Fatty Acid (g)	0.39
Cholesterol (mg)	0.20
Sodium (mg)	45.68
Carbohydrates (g)	70.20
Dietary Fiber (g)	3.84
Total Sugars (g)	63.64
Protein (g)	3.17
Vitamin A - IU (IU)	1.06
Vitamin C (mg)	0.07
Calcium (mg)	32.11
Iron (mg)	3.94