

**WANT KIDS TO EAT MORE FRUIT?** 2016-17 School Year

# Introducing... **Fruit Pockets**

*Delicious Whole Grain Rich Pocket **Packed With Real Apples and Cherries***

Meets **HealthierUS School Challenge** Guidelines

**Large** = 3.95 ounce & 3.74 ounce - Perfect for Breakfast

**1/2 Cup Fruit & 2oz Whole Grains Equivalent Serving**

**Small** = 2.0 ounce & 1.87 ounce - Ideal for Snack or Ala Carte

**1/4 Cup Fruit & 1oz Whole Grains Equivalent Serving**

**\*Meets Smart Snacks Nutrition Standards**

Within 30% Calories from Total Fat

Less than 10% Calories from Sat Fats

Under 20% Sugar by Weight



A tasty breakfast, snack or ala carte offering that provides both real fruit and whole grain equivalents that meets the latest USDA Child Nutrition Regulations



# Taste that Kids Love, Nutritionals that Make Parents and Dietitians Happy



## Apple

**Ingredients:** *Crust and Glaze:* Wheat Flour (Whole Wheat Flour, Enriched Wheat Flour with Niacin, Iron, Thiamin, Riboflavin and Folic Acid), Water, Hydrogenated Soybean and/or Cottonseed Oil, Sugar, Chicory Root, Contains 2% or less of Cellulose, Maltodextrin, Salt, Monoglycerides, Soybean Oil, Wheat Gluten, Corn Syrup Solids, Agar, Xanthan Gum, Calcium Carbonate, Calcium Sulfate, Carboxymethyl Cellulose Gum, *Apple Filling:* Apples, Pear Juice Concentrate, Sugar, Contains 2% or less of Tapioca and Corn Starch – Modified, Chicory Root, Water, Cinnamon, Nutmeg, Locust Bean Gum, Xanthan Gum. **This product contains: Wheat and Soy.**

## Cherry

**Ingredients:** *Crust and Glaze:* Wheat Flour (Whole Wheat Flour, Enriched Wheat Flour with Niacin, Iron, Thiamin, Riboflavin and Folic Acid), Water, Hydrogenated Soybean and/or Cottonseed Oil, Sugar, Chicory Root, Contains 2% or less of Cellulose, Maltodextrin, Salt, Monoglycerides, Soybean Oil, Wheat Gluten, Corn Syrup Solids, Agar, Xanthan Gum, Calcium Carbonate, Calcium Sulfate, Carboxymethyl Cellulose Gum, *Cherry Filling:* Cherries, Pear Juice Concentrate, Sugar, Contains 2% or less of Tapioca and Corn Starch – Modified, Chicory Root, Water, Red Cabbage Powder (for color), Natural Cherry Flavor, Locust Bean Gum, Xanthan Gum. **This product contains: Wheat and Soy.**

Original Light Glaze Product Code/Desc.	Count / Srv. Size	TOTAL	Calories	TOTAL	SAT.	TRANS	Cholesterol	SODIUM	Total	DIETARY	TOTAL	PROTEIN	Vitamin A	Vitamin C	Grain	Fruit
		Calories	from Fat	FAT(g)	FAT(g)	FAT(g)	(mg)	(mg)	Carbs (g)	FIBER(g)	Sugars(g)	(g)	%	%	Oz.	Cup
<a href="#">1402-1 Apple Fruit Pocket</a>	80/3.95 oz.	310	80	8	3	0	0	290	54	6	22	4	0	80	2 oz.	½
<a href="#">1402-3 Cherry Fruit Pocket</a>	80/3.95 oz.	310	80	8	3	0	0	200	54	8	22	4	2	0	2 oz.	½
<a href="#">1401-1 Apple Fruit Pocket</a>	120 / 2 oz.	160	40	4.2	1.3	0	0	145	27	3	11	2	0	40	1 oz.	¼
<a href="#">1401-3 Cherry Fruit Pocket</a>	120 / 2 oz.	160	40	4.2	1.4	0	0	102	27	3	11	2	0	0	1 oz.	¼

### Handling & Shelf Life

**DO NOT REFRIGERATE PRODUCT AT ANY TIME. KEEP FROZEN – DO NOT RE-FREEZE AFTER PRODUCT HAS BEEN THAWED.**

**REMOVE PRODUCT FROM CASE & THAW IN SINGLE LAYER AT ROOM TEMPERATURE ONLY.**

**SHELF LIFE: Frozen – 6 months, Room Temperature, once thawed - 2 days**

**OPTIONAL: IF SERVING WARM, MAY HEAT PRODUCT IN OVEN OR WARMER, NOT ABOVE 200 DEGREES FAHRENHEIT.**

Visit our website at [fruitpockets.com](http://fruitpockets.com) or call 800-327-6919 for more information

# Taste that Kids Love, Nutritionals that Make Parents and Dietitians Happy



*Apple*

**Ingredients:** *Crust:* Wheat Flour (Whole Wheat Flour, Enriched Wheat Flour with Niacin, Iron, Thiamin, Riboflavin and Folic Acid), Water, Hydrogenated Soybean and/or Cottonseed Oil, Chicory Root, Contains 2% or less of Cellulose and Maltodextrin, Sugar, Salt, Monoglycerides, Soybean Oil, Wheat Gluten, Xanthan Gum, Modified Cellulose. *Apple Filling:* Apples, Pear Juice Concentrate, Sugar, Contains 2% or less of Tapioca and Corn Starch – Modified, Chicory Root, Water, Cinnamon, Nutmeg, Locust Bean Gum, Xanthan Gum. **This product contains: Wheat and Soy.**

*Cherry*

**Ingredients:** *Crust:* Wheat Flour (Whole Wheat Flour, Enriched Wheat Flour with Niacin, Iron, Thiamin, Riboflavin and Folic Acid), Water, Hydrogenated Soybean and/or Cottonseed Oil, Chicory Root, Contains 2% or less of Cellulose and Maltodextrin, Sugar, Salt, Monoglycerides, Soybean Oil, Wheat Gluten, Xanthan Gum, Modified Cellulose. *Cherry Filling:* Cherries, Pear Juice Concentrate, Sugar, Tapioca and Corn Starch – Modified, Contains 2% or less of Chicory Root, Water, Red Cabbage Powder (for color), Natural Cherry Flavor, Locust Bean Gum, Xanthan Gum. **This product contains: Wheat and Soy.**

HOMESTYLE No Glaze	Count / Srv. Size	TOTAL	Calories	TOTAL	SAT.	TRANS	Cholesterol	SODIUM	Total	DIETARY	TOTAL	PROTEIN	Vitamin A	Vitamin C	Grain	Fruit
		Calories	from Fat	FAT(g)	FAT(g)	FAT(g)	(mg)	(mg)	Carbs (g)	FIBER(g)	Sugars(g)	(g)	%	%	Oz.	Cup
<a href="#">1405-1 Apple Fruit Pocket</a>	72 / 3.74oz.	290	80	8	2.5	0	0	290	49	5	17	4	0	80	2 oz.	1/2
<a href="#">1405-3 Cherry Fruit Pocket</a>	72 / 3.74oz.	290	80	8	3	0	0	200	49	7	18	4	2	0	2 oz.	1/2
<a href="#">1403-1 Apple Fruit Pocket</a>	120 / 1.87oz.	145	40	4.14	1.29	0	0	145	24.8	2.4	8.5	2.2	0	40	1 oz.	1/4
<a href="#">1403-3 Cherry Fruit Pocket</a>	120 / 1.87oz.	145	40	4.2	1.38	0	0	102	24.4	3.6	8.7	2.4	0	0	1 oz.	1/4

## Handling & Shelf Life

**DO NOT REFRIGERATE PRODUCT AT ANY TIME. KEEP FROZEN – DO NOT RE-FREEZE AFTER PRODUCT HAS BEEN THAWED.**

**REMOVE PRODUCT FROM CASE & THAW IN SINGLE LAYER AT ROOM TEMPERATURE ONLY.**

**SHELF LIFE: Frozen – 6 months, Room Temperature, once thawed, 3 days**

**OPTIONAL: IF SERVING WARM, MAY HEAT PRODUCT IN OVEN OR WARMER, NOT ABOVE 200 DEGREES FAHRENHEIT.**

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# Fruit Pockets

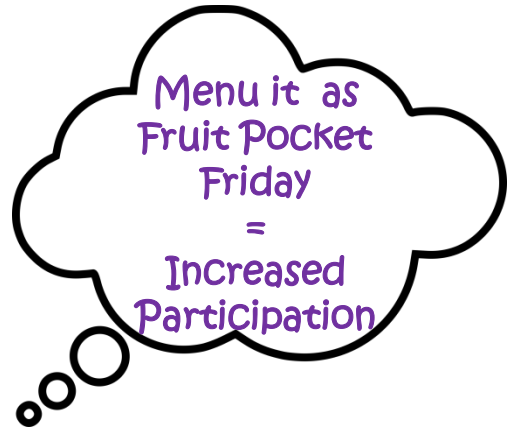
Delicious Whole Grain Rich Pocket **Packed With Real Apples and Cherries**

\*Ideal for Breakfast in the Classroom, Grab & Go and Brown Bag Lunches

Meets **HealthierUS School Challenge** Guidelines

\*Meets Smart Snacks Nutrition Standards

Within 30% Calories from Total Fat  
Less than 10% Calories from Sat Fats  
Under 20% Sugar by Weight



**USDA FNS APPROVED FOR COMMODITY PROCESSING**

(NOI & FFS Methods Available)

WBSCM Item Code	WBSCM Description
100258	APPLE SLICES FRZ CTN-30 LB
100237	CHERRIES FRZ IQF CTN-40 LB



EAT 48g OR MORE OF WHOLE GRAINS DAILY



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**Child Nutrition Meal Pattern Contribution**

**Product:** Apple Fruit Pocket (original crust with light glaze)

**Code:** 1401-1

**Pack:** 120/2.0 oz - (2.0 oz Serving Size)

**Product Formulation Statement: Whole Grains**

Description of Creditable Grain Ingredient	Grams of Creditable Grain Ingredients per Portion	Gram Standard of Creditable Grain per oz equivalent (16g or 28g)	Creditable Amount
Whole Grain Flour	8.16	16	.51
Enriched Flour	7.84	16	.49
<b>Total Creditable Grain Amount</b>			<b>1 Grain</b>

This product meets the Whole-Grain Rich Criteria and does not contain non-creditable grains.

**Product Formulation Statement: Fruit**

Description of Creditable Ingredient	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (quarter cups)
Apples, Frozen	1.28	X	.7125	1.02
<b>Total Creditable Fruit Amount</b>				<b>1/4 cup</b>

I certify that the above information is true and correct and that 2.0 ounce serving of the above product contains 1 Grain and 1/4 cup (s) of Fruit.

Signature: Mary Dalporto Date: 2/24/2017 Phone: 760-300-3075

Mary Dalporto, Director of Product Development