



Best Express Foods Inc

### BEST EXPRESS FOODS

2368 Victory Parkway Suite 410, Cincinnati OH 45206

Phone 513-531-2378 Toll Free 800-531-0122 Fax 513-531-0766

ITEM #8010

Three Cheese Boat – Whole Grain/Reduced Fat - Bulk



## WHOLE GRAIN 3 CHEESE BOAT (With Garlic Sauce & Reduced Fat Cheese Blend)

**INGREDIENTS:** BREAD: Whole Grain Wheat Flour, Unbleached Wheat Flour, Water, Wheat Gluten, Yeast, Sugar, Monoglycerides, Wheat Starch, Vinegar, Yeast, Salt, Corn Starch, Soybean Oil, Dextrose, Calcium Propionate (a mold inhibitor), Calcium Sulfate, Malted Barley Flour, Propionic Acid, Phosphoric Acid, Enrichment (Ferrous Sulfate (from Thiamine Hydrochloride), Vitamin B1, Riboflavin (Vitamin B2), Nickel (Vitamin B3), Zinc Acid), L-Cysteine, Acrylic Acid, Cholesterol, Low Moisture Part Salt Milk, Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes), Reduced Fat Mozzarella Cheese (Pasteurized Part Skim Milk, Non-Fat Milk, Cheese Cultures, Mashed Corn Starch, Salt, Vitamin A, Palmitate and Enzymes), Ingredient not in regular mozzarella cheese, Cheddar Cheese (Pasteurized Milk, Cheese Cultures, Salt, Enzymes, Annatto (Color), Cellulose (to prevent caking), Natural (natural mold inhibitor), SAUCE: Water, Liquid Margarine (Soybean and Hydrogenated Soybean Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (preservative), Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A, Palmitate), Vegetables Oil (Flax), Refined soybean oil, Butter, Buns, Enzyme Modified Butter, Salt, Dehydrated Butter, Shortening Powder, Guar Gum, Sodium Bicarbonate, Annatto and Turmeric (for color), Cheese Buds, Malt-Dextrin, Whey Solids, Natural Parmesan Cheese Flavor, Salt), **GARLIC POWDER. CONTAINS: WHEAT, MILK and SOY**

**For Food Safety and Quality, Follow Cooking Instructions:  
Cook thoroughly to internal temperature of 160° F prior to**

**INSTITUTIONAL USE ONLY KEEP FROZEN**

11357

ITEM #

**8010**

**60/4.45 oz. PORTIONS**

**NET WT. 16.98 LBS.**

Baking instructions:  
Defrost product. Preheat oven to 350 F. Place on baking sheet and bake 10-12 minutes. Cooking times will vary by oven and amount of product being cooked.

Manufactured By: Best Express Foods, Cincinnati, OH 45212

Minimum total weight of product 4.45 ounces.

This 4.45 ounce product provides 2.0 servings of bread and 2.0 ounces equivalent meat/meat alternative for child nutrition meal pattern requirements.

### Nutrition Facts

Serving Size 1 piece (126 g/4.4 oz)  
Servings Per Container 60

Amount Per Serving

Calories 380 Calories from Fat 120

Total Fat 13g % Daily Value\*

Saturated Fat 8g 32%

Trans Fat 0g

Cholesterol 35mg 12%

Sodium 57mg 24%

Total Carbohydrate 29g 10%

Dietary Fiber 3g 12%

Sugars 2g

Protein 18g 36%

Vitamin A 10% \* Vitamin C 0%

Calcium 45% \* Iron 2%

\* Percent Daily Values are based on a diet of other people's misdeeds. Your daily values may be higher or lower depending on your calorie needs.

Total Fat 13g 2,000 2,500

Sat Fat 8g 65g 80g

Cholesterol 35mg 300mg 300mg

Sodium 57mg 2,400mg 2,400mg

Total Carbohydrate 29g 365g 375g

Dietary Fiber 3g 25g 30g

Calories per gram: Fat 9 Carbohydrate 4 Protein 4

I CERTIFY THAT THIS INFORMATION IS TRUE AND CORRECT

Allan Berliant, President

1/1/16  
Date



Best Express Foods  
 2368 Victory Parkway, Suite 410  
 Cincinnati, OH 45206  
 Phone: 513-531-2378

**Product Formulation Statement: Meat/Meat Alternate (M/MA)**

**Product Name: Three Cheese Boat**

**Item #: 8010/8011**

**Manufacturer: Best Express Foods**

**Case/Pack/Count/Portion Size: 60 ct./4.45 oz.**

**I. Meat/Meat Alternate**

Please fill out the chart below to determine the credible amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Cheese Mozzarella	2	X	16/16	2
A. Total Creditable Amount				2

\*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide yield.

**II. Alternate Protein Product (APP)**

If the product contains APP, please fill out the chart below to determine the credible amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, Manufacturer's Name and Item #	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP**
B. Total Creditable Amount					
C. TOTAL CREDITABLE AMOUNT (A+B rounded down to nearest 1/4 oz.)					2

\*Percent of Protein As-Is is provided on the attached APP documentation.

\*\*18 is the percent of protein when fully hydrated.

\*\*\*Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.

Total Creditable amount must be rounded down to the nearest .25oz. (1.49 would round down to 1.25oz meat equivalent). Do not round up. If you are crediting both M/MA and APP, you do not need to round down in box A until after you have added the creditable APP amount from Box B.

Total weight (per portion) of product purchased: 4.45 oz.

Total creditable amount of product (per portion): **2.0 oz.**

(Reminder: Total creditable amount cannot count for more than the total weight of product).

I certify that the above information is true and correct and that a 4.45 ounce serving of the above product (ready for serving) contains 2.0 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Jeff Mackson \_\_\_\_\_

Printed Name

Signature

Quality Manager \_\_\_\_\_

Title

1/21/2016 517-655-2288 \_\_\_\_\_

Date

Phone Number



Best Express Foods

2368 Victory Parkway, Suite 410

Cincinnati, OH 45206

Phone: 513-531-2378

**Product Formulation Statement: Prepared Grain/Bread**

**Product Name: Three Cheese Boat**

**Code #:8010/8011**

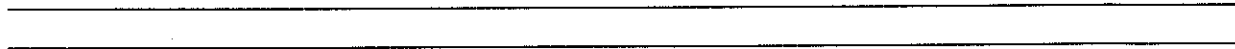
**Case Weight and Pack/Count: 16.69lbs./60ct.**

**Total Weight (grams or ounces) of one ready to eat serving of product: 4.45 oz.**

**List the exact types and weights of each  
enriched and /or whole grain meal, flour, bran  
or germ per product serving:**

**Whole Grains: 19**

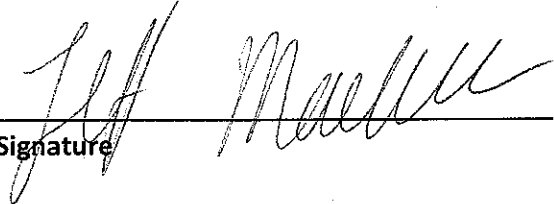
**Enriched Grains: 16g**



I certify that the above information is true and correct and that one 4.45 oz. (specify serving weight) ready to eat serving of the specified product contains 2.0 serving(s) of Grains/Breads\* for the USDA Child Nutrition Programs.

Jeff Mackson

**Printed Name**



**Signature**

Quality Manager

**Title**

1/21/2016

**Date**

**PHONE NUMBER: 517-655-2288**

\* For crediting as a Grain/Bread Component, FNS Child Nutrition Programs require 1) all grains/breads items must be whole grain rich. 2) the exact or minimum amount of creditable grains must be documented to assure that 16 grams of creditable grains equals one grains/breads serving. Grains/Breads may be credited in 1/4 serving increments. In accordance with NSLP and SBP regulations at 7 CFR Parts 210 and 220.