BEST EXPRESS FOODS

2368 Victory Parkway Suite 410, Cincinnati OH 45206

Phone 513-531-2378 Toll Free 800-531-0122 Fax 513-531-0766

ITEM #8010

Three Cheese Boat – Whole Grain/Reduced Fat - Bulk

best express foods inc

WHOLE GRAIN 3 CHEESE BOAT

(With Garlic Sauce & Reduced Fat Cheese Blend)

INGREDIENTS: BREAD: Whole Grain Wheat Flour, Unbleached Wheat Flour, Water, Wheat Gluten, Dextrose, Sugar, Monoglycerides, Wheat Starch, Vinegar, Yeast, Salt, Corn Starch, Soybean Oil, Datem, Calcium Propionate (a mold inhibitor), Calcium Sulfate, Malted Barley Flour, Propionic Acid, Phosphoric Acid, Enrichment [Ferrous Sulfate (Iron), Thiamine Hydrochloride (Vitamin B1), Riboflavin (VitaminB2), Niacin (Vitamin B3), Folic Acid], L-Cysteine, Asorbic Acid. CHEESE: Low Moisture Part Skim Milk Mozzarella Cheese (Pasteurized Part Skim Milk, Cheese Cultures, Salt, Enzymes.) Reduced Fat Mozzarella Cheese (Pasteurized Part Skim Milk, Non-Fat Milk, Cheese Cultures, Modified Corn Starch*, Salt, Vitamin A Palmitate and Enzymes). *Ingredient not in regular mozzarella cheese. Cheddar Cheese: (Pasteurized Milk, Cheese Culture, Salt, Enzymes, Annatto (Color), Cellulose (to prevent caking), Natamycin (natural mold inhibitor). SAUCE: Water, Liquid Margarine: (Soybean and Hydrogenated Soybean Oil, Water, Salt, Mono and Diglycerides, Soy Lecithin, Sodium Benzoate (preservative) Natural and Artificial Flavor, Beta Carotene (Color), Vitamin A Palmitate). Vegetable Oil: (Fully Refined soybean oil). Butter Buds 8X: (Malto-Dextrin, Enzyme Modified Butter, Salt, Dehydrated Butter, Shortening Powder, Guar Gum, Sodium Bicarbonate, Annatto and Turmeric (for color). Cheese Buds: Malto-Dextrin, Whey Solids, Natural Parmesan Cheese Flavor, Salt). GARLIC POWDER.
CONTAINS: WHEAT, MILK and SOY.

For Food Safety and Quality, Follow Cooking Instructions:
Cook throughly to internal temperature of 160° F prior to

INSTITUTIONAL USE ONLY KEEP FROZEN

ITEM #
8010
60/4.45 oz. PORTIONS
NET WT. 16.68 LBS.

Baking Instructions
Defrost product. Preheat oven to 350 F. Place on baking sheet and bake 10-12 minutes. Cooking times will vary by oven and amount of product being cooked.

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Manufactured By: Best Express Foods Cincinnati, OH 45212

Nutrition Facts

Serving Size 1 piece (126 g/4.4 oz)
Servings Per Container 60

Amount Per Serving	
Calories 390	Calories from Fat 120
	% Daily Value*
Total Fat 13g	20%
Saturated Fat 6g	32%
Trans Fat 0g	
Cholesterol 35mg	12%
Sodium 570mg	24%
Total Carbohydrate 29g	10%
Dietary Fiber 3g	12%
Sugars 3g	
Protein 18g	36%

Vitamin A 10% • Vitamin C 0%
Calcium 45% • Iron 2%

* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:
Fat 9 • Carbohydrate 4 • Protein 4

Minimum total weight of product 4.45 ounces.

This 4.45 ounce product provides 2.0 servings of bread and 2.0 ounces equivalent meat/meat alternative for child nutrition meal pattern requirements.

I CERTIFY THAT THIS INFORMATION IS TRUE AND CORRECT

Allan Berliant, President **1/1/16 Date**

Best Express Foods
2368 Victory Parkway, Suite 410
Cincinnati, OH 45206
Phone: 513-531-2378

Product Formulation Statement: Meat/Meat Alternate (M/MA)

Product Name: Three Cheese Boat **Item #: 8010/8011**

Manufacturer: Best Express Foods **Case/Pack/Count/Portion Size: 60 ct./4.45 oz.**

I. Meat/Meat Alternate

Please fill out the chart below to determine the credible amount of Meat/Meat Alternate

Description of Creditable Ingredients per Food Buying Guide	Ounces per Raw Portion of Creditable Ingredient	Multiply	Food Buying Guide Yield	Creditable Amount*
Cheese Mozzarella	2	X	16/16	2
A. Total Creditable Amount				2

*Creditable Amount - Multiply ounces per raw portion of creditable ingredient by the Food Buying Guide yield.

II. Alternate Protein Product (APP)

If the product contains APP, please fill out the chart below to determine the creditable amount of APP. If APP is used, you must provide documentation as described in Attachment A for each APP used.

Description of APP, Manufacturer's Name and Item #	Ounces Dry APP Per Portion	Multiply	% of Protein As-Is*	Divide by 18**	Creditable Amount APP**
B. Total Creditable Amount					
C. TOTAL CREDITABLE AMOUNT (A+B rounded down to nearest 1/4 oz.)					2

*Percent of Protein As-Is is provided on the attached APP documentation.
**18 is the percent of protein when fully hydrated.
***Creditable amount of APP equals ounces of Dry APP multiplied by the percent of protein as-is divided by 18.
Total Creditable amount must be rounded down to the nearest .25oz. (1.49 would round down to 1.25oz meat equivalent). Do not round up. If you are crediting both M/MA and APP, you do not need to round down in box A until after you have added the creditable APP amount from Box B.

Total weight (per portion) of product purchased: 4.45 oz.

Total creditable amount of product (per portion): **2.0 oz.**
(Reminder: Total creditable amount cannot count for more than the total weight of product).

I certify that the above information is true and correct and that a 4.45 ounce serving of the above product (ready for serving) contains 2.0 ounces of equivalent meat/meat alternate when prepared according to directions.

I further certify that any APP used in the product conforms to the Food and Nutrition Service Regulations (7 CFR Parts 210, 220, 225, 226, Appendix A) as demonstrated by the attached supplier documentation.

Jeff Mackson
Printed Name

Quality Manager
Title

Signature

1/21/2016 517-655-2288
Date **Phone Number**

Best Express Foods
2368 Victory Parkway, Suite 410
Cincinnati, OH 45206
Phone: 513-531-2378

Product Formulation Statement: Prepared Grain/Bread

Product Name: Three Cheese Boat

Code #:8010/8011

Case Weight and Pack/Count: 16.69lbs./60ct.

Total Weight (grams or ounces) of one ready to eat serving of product: 4.45 oz.

List the exact types and weights of each enriched and /or whole grain meal, flour, bran or germ per product serving:

Whole Grains: 19
Enriched Grains: 16g

I certify that the above information is true and correct and that one 4.45 oz. (specify serving weight) ready to eat serving of the specified product contains 2.0 serving(s) of Grains/Breads* for the USDA Child Nutrition Programs.

Jeff Mackson
Printed Name

Quality Manager
Title

Signature

1/21/2016
Date PHONE NUMBER: 517-655-2288

* For crediting as a Grain/Bread Component, FNS Child Nutrition Programs require 1) all grains/breads items must be whole grain rich. 2) the exact or minimum amount of creditable grains must be documented to assure that 16 grams of creditable grains equals one grains/breads serving. Grains/Breads may be credited in 1/4 serving increments. In accordance with NSLP and SBP regulations at 7 CFR Parts 210 and 220.