



## Brewers Choice Battered Cod Fillet Portion 2 oz.

Made from premium, natural cut fish fillets. Battered with a special coating made from Bass Pale Ale. Designed to absorb less oil when fried for a crispy texture.



### Nutrition Facts

Serving Size: 112 GR  
Household Serving Size: 112 GR  
Servings Per Container: 40

Amount Per Serving		
	Per Serving	% Daily Value*
Calories	260	Calories from Fat: 110
<b>Total Fat</b>	12 g	18%
Saturated Fat	2 g	10%
Trans Fat	0 g	
<b>Cholesterol</b>	30 mg	10%
<b>Sodium</b>	510 mg	21%
<b>Total Carbohydrate</b>	19 g	6%
Dietary Fiber	0 g	0%
Sugars	0 g	
<b>Protein</b>	14 g	

	Per Srv		Per Srv
<b>Vitamin A</b>	0%	<b>Vitamin C</b>	2%
<b>Calcium</b>	2%	<b>Iron</b>	2%

\*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram  
Fat 9      Carbohydrate 4      Protein 4

### Product Specifications:

Code	GTIN	Units/Case	Unit/Measure	Serving/Case
10001652	10073538016529			40

Brand	GPC Description
Icelandic Seafood	Fish - Prepared/Processed (Frozen)

Gross Weight	Net Weight	Country of Origin	Kosher	Gluten Free
11.15 LB	10 LB	USA	No	

Shipping Information						
Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp
15.813	7.813 IN	7.625 IN	0.545 CF	15x8	547 Days	-15 FA / -14 FA

### Ingredients :

COD, BLEACHED WHEAT FLOUR, WATER, BEER (WATER, MALTED BARLEY, HIGH MALTOSE SYRUP, HOPS, CARAMEL), YELLOW CORN FLOUR, MODIFIED FOOD STARCH, SALT, NATURAL FLAVOR, WHITE CORN FLOUR, LEAVENING (SODIUM ALUMINUM PHOSPHATE, SODIUM BICARBONATE), SPICES, SUGAR. FRIED IN SOYBEAN OIL. CONTAINS FISH (COD), WHEAT.

### Prep & Cooking Suggestions :

FRY: DEEP FRY FROZEN AT 360°F FOR ABOUT 4 MINUTES. REGULAR OVEN: BAKE AT 425°F FOR 16-18 MINUTES. CONVECTION OVEN: BAKE AT 400°F FOR 12-14 MINUTES. ADJUST COOKING TIME DEPENDING UPON PRODUCT'S NATURAL THICKNESS AND APPLIANCE CHARACTERISTICS.

### Serving Suggestions :

Entree

### Claims :

BAP Certified :  
MSC Certified :  
AHG Certified :

### CN Information :

Has CN Statement : No

*2 = 1.5 meet + 0 gram*