

Serving Size: 2.3 oz **Date:** 3/1/2022

Vegetables

Description of Creditable Ingredients per FBG	Vegetable Subgroup	Ounce per Raw Portion of Creditable Ingredient (A)	FBG Yield (B)	Purchase Unit (C)	Creditable Amount (A x B / C)
Potatoes, French Fries, frozen, Straight cut, Regular moisture, Ovenable, Includes USDA Foods, cooked vegetable	Starchy Vegetables	2.30 oz	14.00	16.00 oz	2.0125 1/4 cups
Total Cups Starchy Vegetables:	0.5031 cups				

Meal Pattern Contribution Statement

I certify that the above information is true and correct and that a **2.3 oz** ounce serving of the above product (ready for serving) provides $\frac{1}{2}$ cup(s) of Starchy vegetables when prepared according to directions.

Signature

Jeanette Erickson
Printed Name

School & Commodity Program Administrator

701-320-9120

Phone Number