



# Nature Valley(R) Crunchy Granola Bar, Oats 'n Honey, 1.5oz, 18 ct



Whole grain crunchy granola bars made from a blend of rolled oats and corn-soy crisps, flavored with a touch of honey, and 16 grams of whole grain per serving. Meets 1.25 ounce equivalent grain, whole grain-rich criteria, and USDA Smart Snacks criteria.

Product Last Saved Date: 11 December 2018

## Nutrition Facts

109 Servings per container

**Serving Size** 2 Bars (42g)

Amount Per Serving

**Calories** 190

% Daily Value\*

**Total Fat** 7 g 11%

Saturated Fat 1 g 4%

Trans Fat 0 g

**Cholesterol** 0 mg 0%

**Sodium** 180 mg 7%

**Total Carbohydrate** 29 g 10%

Dietary Fiber 2 g 9%

Total Sugars 11 g

Includes g Added Sugars %

**Protein** 3 g

Vitamin D mg %

Calcium 0 mg 0%

Iron 0 mg 4%

Potassium mg %

\*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

### Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
16000-33530	650330	10016000335308	6 X 26.82 ONZ	

Brand	Brand Owner	GPC Description
Nature Valley(R)	General Mills Inc.	Cereal/Muesli Bars

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
13.5 LBR	10.058 LBR	USA	Yes	No

### Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
11.87 INH	10.12 INH	11.5 INH	0.7994 FTQ	16x 4	372	32 FAH / 95 FAH

### Ingredients :

Whole Grain Oats, Sugar, Canola Oil, Rice Flour, Honey, Salt, Brown Sugar Syrup, Baking Soda, Soy Lecithin, Natural Flavor. CONTAINS SOY; MAY CONTAIN PEANUT, ALMOND AND PECAN INGREDIENTS.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - NI	Peanuts - MC
Soy - C	Wheat - NI	TreeNuts - MC
Fish - NI	Crustacean - NI	

### Handling Suggestions :

Store in cool dry location

### Benefits :

#1 grain bar brand. Better for you snack. Made with all natural ingredients. Packaging includes 2 crunchy granola bars.

### Serving Suggestions :

Great as a ready-to-serve snack

### Prep & Cooking Suggestions :

Ready to serve and eat

### More Information :



GENERAL MILLS

Formulation Statement for Documenting Grains in School Meals

Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals. (Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Nature Valley® Crunchy Granola Bar Oats' n Honey Code No.: 16000-33530

Manufacturer: General Mills, Inc. Serving Size 1.5 OZ (42g) (raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes [X] No [ ] (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non-creditable grains: Yes [X] No [ ] How many grams: <3.99g (Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.) Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Table with 4 columns: Description of Creditable Grain Ingredient\*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, and Creditable Amount A ÷ B. Row 1: Whole Grain Oats, 20g, 16g, 20g ÷ 16g = 1.25. Row 2: Total Creditable Amount 1.25.

\*Creditable grains are whole-grain meal/flour and enriched meal/flour. 1(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams. 2Standard grams of creditable grains from the corresponding Group in Exhibit A. 3Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.5 OZ (42g) Total contribution of product (per portion) 1.25 oz equivalent

I certify that the above information is true and correct and that a (42g) 1.5-ounce portion of this product (ready for serving) provides 1.25 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of noncreditable grains may not credit towards the grain requirements for school meals.

Anh-Tram Pham, MPH, RD Labeling and Regulatory Compliance Specialist, K12 Education February 26, 2018