

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	SWEET POTATOES / ROASTED, FROZEN: Simplot RoastWorks® Sweetlings® / SKU 10071179024521. To be packed with U.S. Grade A; Oven-bake and Microwaveable. PACK SIZE: 6/2.5 LB bags per case.
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FOOD BUYING GUIDE SUB-GROUP: Potatoes, frozen Whole Small							
<i>* Creditable serving size adjusted to reflect weight needed to attain vegetable credit. Non-potato ingredients excluded.</i>							
Creditable Ingredient Serving Size (as purchased)		Serving Size per Meal Contribution		Servings per Pound	Purchase Unit	Servings per Unit	Qty for 100 Servings
1.67 oz (about 2 pieces)		¼ cup cooked vegetable		9.58	Bag	23.95	4.18
					Case	143.70	0.70
3.34 oz (about 3 pieces)		½ cup cooked vegetable		4.79	Bag	11.97	8.36
					Case	71.82	1.40
Veg Group	Dark Green	Red/Orange	Starchy	Beans/Peas	Other	Additional	Meat Alt.
1.67 oz		1/4 cup					
3.34 oz		1/2 cup					

*Information above is provided for food, as purchased, using the USDA Food Buying Guide for Child Nutrition, January 2013 Update.

INGREDIENT STATEMENT	NUTRITION <input checked="" type="checkbox"/> Smart Snacks Compliant																																																																				
Sweet Potatoes, Olive Oil, Contains less than 2% of Brown Sugar, Food Starch-Modified, Honey, Maltodextrin, Natural Flavor, Orange Juice Solids, Salt, Spice, Sugar, Xanthan Gum.	<div style="display: flex; justify-content: space-between;"> <div style="width: 48%;"> <table border="1" style="width: 100%; border-collapse: collapse; font-size: 0.8em;"> <tr><th colspan="2">Nutrition Facts</th></tr> <tr><td colspan="2">Serving Size 1.67 oz (47g)</td></tr> <tr><td colspan="2">Amount Per Serving</td></tr> <tr><td>Calories 50</td><td>Calories from Fat 10</td></tr> <tr><td colspan="2" style="text-align: right;">% Daily Value*</td></tr> <tr><td>Total Fat 1g</td><td style="text-align: right;">2%</td></tr> <tr><td> Saturated Fat 0g</td><td style="text-align: right;">0%</td></tr> <tr><td> Trans Fat 0g</td><td></td></tr> <tr><td>Cholesterol 0mg</td><td style="text-align: right;">0%</td></tr> <tr><td>Sodium 35mg</td><td style="text-align: right;">1%</td></tr> <tr><td>Total Carbohydrate 9g</td><td style="text-align: right;">3%</td></tr> <tr><td> Dietary Fiber 1g</td><td style="text-align: right;">4%</td></tr> <tr><td> Sugars 6g</td><td></td></tr> <tr><td>Protein 1g</td><td></td></tr> <tr><td>Vitamin A 10%</td><td>• Vitamin C 0%</td></tr> <tr><td>Calcium 0%</td><td>• Iron 0%</td></tr> <tr><td colspan="2"><small>*Percent Daily Values are based on a 2,000 calorie diet.</small></td></tr> </table> </div> <div style="width: 48%;"> <table border="1" style="width: 100%; border-collapse: collapse; font-size: 0.8em;"> <tr><th colspan="2">Nutrition Facts</th></tr> <tr><td colspan="2">Serving Size 3.34 oz (95g)</td></tr> <tr><td colspan="2">Amount Per Serving</td></tr> <tr><td>Calories 100</td><td>Calories from Fat 25</td></tr> <tr><td colspan="2" style="text-align: right;">% Daily Value*</td></tr> <tr><td>Total Fat 2.5g</td><td style="text-align: right;">4%</td></tr> <tr><td> Saturated Fat 0g</td><td style="text-align: right;">0%</td></tr> <tr><td> Trans Fat 0g</td><td></td></tr> <tr><td>Cholesterol 0mg</td><td style="text-align: right;">0%</td></tr> <tr><td>Sodium 75mg</td><td style="text-align: right;">3%</td></tr> <tr><td>Total Carbohydrate 19g</td><td style="text-align: right;">6%</td></tr> <tr><td> Dietary Fiber 3g</td><td style="text-align: right;">12%</td></tr> <tr><td> Sugars 11g</td><td></td></tr> <tr><td>Protein 1g</td><td></td></tr> <tr><td>Vitamin A 25%</td><td>• Vitamin C 0%</td></tr> <tr><td>Calcium 4%</td><td>• Iron 4%</td></tr> <tr><td colspan="2"><small>*Percent Daily Values are based on a 2,000 calorie diet.</small></td></tr> </table> </div> </div>	Nutrition Facts		Serving Size 1.67 oz (47g)		Amount Per Serving		Calories 50	Calories from Fat 10	% Daily Value*		Total Fat 1g	2%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 35mg	1%	Total Carbohydrate 9g	3%	Dietary Fiber 1g	4%	Sugars 6g		Protein 1g		Vitamin A 10%	• Vitamin C 0%	Calcium 0%	• Iron 0%	<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>		Nutrition Facts		Serving Size 3.34 oz (95g)		Amount Per Serving		Calories 100	Calories from Fat 25	% Daily Value*		Total Fat 2.5g	4%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 75mg	3%	Total Carbohydrate 19g	6%	Dietary Fiber 3g	12%	Sugars 11g		Protein 1g		Vitamin A 25%	• Vitamin C 0%	Calcium 4%	• Iron 4%	<small>*Percent Daily Values are based on a 2,000 calorie diet.</small>	
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ADDITIONAL INFORMATION																																																																					
<input checked="" type="checkbox"/> Gluten Free <input checked="" type="checkbox"/> Lacto-Vegetarian <input type="checkbox"/> Vegan																																																																					

COOKING INSTRUCTIONS					
Convection Oven	Bake potatoes at 375°F for 13-18 minutes in a single layer on a greased sheet pan.				
Microwave Oven (1100 Watt)	Microwave ½ bag of potatoes on HIGH for 10 minutes, covered, stirring halfway through cooking time. Let stand for 1 minute.				
CASE PACK					
Shelf Life (stored at 0°F)	18 months	Case Cube (ft.³)	0.61	Gross Weight (lb)	17.00
Outer Case Dimensions (LxWxH)	16" x 10" x 6.625"	Pallet Ti / Hi	12 / 10		

The J.R. Simplot Company certifies the information above to be true and correct as of March 27, 2015.

Shawanda Brown
Principal Scientist Regulatory Nutrition