

Fernando's®**05277**

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CHEESE QUESADILLA

INGREDIENTS: TORTILLA (WATER, WHOLE WHEAT FLOUR, ENRICHED BLEACHED FLOUR [WHEAT FLOUR, NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID], PALM OIL, CONTAINS 2% OR LESS OF WHOLE GRAIN CORN FLOUR [STONE GROUND WHOLE WHITE CORN, TRACES OF LIME]), GRANULATED SUGAR, MONO & DIGLYCERIDES, BAKING POWDER (CORN STARCH, SODIUM ACID PYROPHOSPHATE, SODIUM BICARBONATE AND MONOCALCIUM PHOSPHATE), WHEAT GLUTEN, SALT, GUAR GUM, YEAST, RICE FLOUR, FUMARIC ACID, NATURAL FLAVOR, L-CYSTEINE, ENZYMES, SODIUM METABISULFITE), PASTEURIZED PROCESS AMERICAN CHEESE (AMERICAN CHEESE [MILK, CHEESE CULTURE, SALT, ENZYMES], WATER, SODIUM CITRATE, MILK FAT, SALT, COLOR [ANNATTO AND APOCAROTENAL]), MONTEREY JACK CHEESE (PASTEURIZED CULTURED MILK, SALT, ENZYMES), WATER, CONTAINS 2% OR LESS OF ISOLATED SOY PROTEIN (ISOLATED SOY PROTEIN WITH LESS THAN 2% LECITHIN), TOMATO PASTE, RICE STARCH, POTATOES, SOYBEAN OIL, JALAPENO PUREE (JALAPENO PEPPERS, WATER, CITRIC ACID), DEHYDRATED ONION, SODIUM ALGINATE, SEA SALT (POTASSIUM MAGNESIUM CHLORIDE, SALT), GARLIC POWDER, JALAPENO SEASONING (SPICES [INCLUDING CHILI PEPPERS], ONION, PAPRIKA, GARLIC, SALT), NATURAL LINE JUICE POWDER (CORN SYRUP SOLIDS AND NATURAL FLAVORS [LIME JUICE SOLIDS, NATURAL FLAVORS]), SEASONING BLEND (SPICES, GARLIC, ONION), NATURAL FLAVOR ENHANCER (DEHYDRATED SOY SAUCE [SOY BEANS, WHEAT, SALT], MALTODEXTRIN), YEAST EXTRACT), SPICE, NATURAL BUTTER FLAVOR (MALTODEXTRIN, NATURAL BUTTER FLAVOR, ANNATTO AND TURMERIC [FOR COLOR]), SODIUM PHOSPHATE.

Copy not for documenting
Federal Meal Requirements.

Dist. by Fernando's Foods,
Compton, CA 90221

CONTAINS WHEAT, SOY AND MILK.

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EACH 2.40 OZ. QUESADILLA PROVIDES 1.00 OZ. EQUIVALENT MEAT ALTERNATE AND 1.00 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE USDA 01-18).

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HEATING INSTRUCTIONS

	FRIED 360 F	MICRO	OVEN 300 F	CONVEC. 300 F
FROZEN	*N/R Min.	*N/R Min.	*N/R Min.	*N/R Min.
THAWED	*N/R Min.	*N/R Min.	10-12 Min.	9-11 Min.

Internal Temperature of product should be 160F.

*N/R - Not Recommended

INSPECTED BY THE U.S. DEPT.
OF AGRICULTURE IN
ACCORDANCE WITH FNS
REQUIREMENTS

Nutrition Facts

Serving Size 1 Piece (68g)

Servings Per Container 144

Amount Per Serving**Calories 190** Calories from Fat 80

% Daily Value*

Total Fat 9g **14%**Saturated Fat 6g **30%**

Trans Fat 0g

Cholesterol 20mg **7%****Sodium 390mg** **16%****Total Carbohydrate 18g** **6%**Dietary Fiber 2g **8%**

Sugars 1g

Protein 9g

Vitamin A 8% • Vitamin C 2%

Calcium 20% • Iron 8%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per gram:

Fat 9 • Carbohydrate 4 • Protein 4

KEEP FROZEN

NET WT. 21.60 LBS.
144 CT/2.40 OZ.



123 - 8651 - 0003

F081-100217