



# Whole Grain Ciabatta

**Product Code #003154**

**Each 2.8 oz Serving (1 Bun) = 3 oz Bread Equivalent.**

**Freezer Shelf life: 12 months/ Thawed Shelf life: 5 days**

## NUTRITIONAL INFO:

Calories: 180

Calories from Fat: 20

Total Fat: 2 g

Saturated Fat: 0

Trans Fat: 0

Cholesterol: 0 mg

Sodium: 370 mg

Total Carbohydrates: 35 g

Dietary Fiber: 3 g

Sugar: 2 g

Protein: 6 g

Vitamin A: 0%

Vitamin C: 2%

Calcium: 6%

Iron: 10%

## PACKAGING INFO:

Case Count: 48

Net Case Weight: 8.4 lbs

Gross Case Weight: 9.4 lbs

Case Dimensions: 15.6 x 12 x 13.9

Cases per Pallet: 45

Tie/High: 9 x 5



Ingredients: Whole Wheat Flour & Enriched Wheat Flour (Wheat Flour, Malted Barley Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Honey, Contains 2% or less of: Soybean Oil, Salt, Active Dry Yeast, Malt, Calcium Propionate (preserves freshness), Enzymes, Monoglycerides, Calcium Sulfate, Wheat Starch, Ascorbic & Citric Acid. **CONTAINS: WHEAT**

I certify that the above information is true and correct

February 19, 2015

Printed Name: Lindsey Wherry

Signature:

A handwritten signature in cursive script that reads "Lindsey Wherry".

**CEM | For more product information contact Lindsey Wherry at [Lwherry@cemsupplychain.com](mailto:Lwherry@cemsupplychain.com)**