

# Whole Grain Country Fried Breaded Beef Steak

Item #: 69035

**Product Description:** Fully cooked, all meat, chopped beef with a whole grain-rich breading. Natural shape. CN labeled. Commodity processed product.

**Technical Name:** Fully Cooked Country Fried Breaded Beef Steaks Chopped and Formed

## Product Details

**Packing Type:** BULK-LINER  
**Pieces Per Case:** 85  
**Portion Size (oz.):** 3.80  
**Case Net Weight (lb.):** 20.19

**Case Dimensions:** Width: 13.00  
Length: 19.88  
Height: 6.63  
Case Cube: 0.99

**Cases / Pallet:** 42  
**Case TiHi:** 7 x 6

**Credit (CN):** 2 OZ MMA BEEF  
**Equivalent Grain:** 1.000

### Ingredients:

INGREDIENTS: Ground Beef (Not More Than 20% Fat), Salt, Sodium Phosphates. Breaded with: Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Dehydrated Potatoes (Potatoes, Mono and Diglycerides, Dextrose), Yeast, Sugar, Salt, Soybean Oil (Processing Aid). Battered with: Water, Whole Wheat Flour, Enriched Wheat Flour (Enriched with Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Potato Flour, Salt, Modified Corn Starch, Leavening (Calcium Acid Pyrophosphate, Monocalcium Phosphate, Sodium Bicarbonate), Chicken Flavor (Contains Maltodextrin, Salt and Natural Flavors), Hydrolyzed Corn Protein, Onion Powder, Garlic Powder, Yeast Extract, Chicken Broth, Spice. Set In Vegetable Oil. CONTAINS: Wheat

**Shelf Life (days):** 365  
*Starting from date of production when kept @ 0°F or below.*

### Preparation Method:

Deep Fryer: Heat oil to 350 degrees f. Cook product for 2-3 minutes.

Conventional Oven: From frozen state, bake in a preheated oven at 350 degrees f for 14 minutes.

Convection Oven: From frozen state, bake in a preheated oven at 350 degrees f for 10 minutes.

Microwave: Heat on full power for 1-2 minutes. Microwave ovens vary. Times given are approximate.

**Master Case UPC Code:** 00071421690354

The data contained on this spec sheet has been approved by Child Nutrition Labeling Technologist, Ashley Sexton.

*Ashley M. Sexton*



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### Nutrition Facts:

**Serving Size: 3.80 OZ (106 g)**

**Servings Per Container: 85**

Calories / Calories from Fat: 300 / 170

% Daily Value \*\*

Total Fat	19 g	29%
Saturated Fat	6 g	30%
Trans Fat	1 g	
Cholesterol	50 mg	17%
Sodium	450 mg	19%
Total Carbohydrate	16 g	5%
Dietary Fiber	2 g	8%
Sugars	0 g	
Protein	15 g	
Vitamin A		0%
Vitamin C		0%
Calcium		2%
Iron		10%

\*\* Percent Daily values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.

The trans fats reported on this product's nutrition facts panel are naturally occurring.

SAMPLE COPY NOT FOR DOCUMENTING FEDERAL MEAL REQUIREMENTS



FULLY COOKED COUNTRY FRIED  
BREADED BEEF STEAKS  
CHOPPED AND FORMED

**69035**  
PRODUCT  
CODE

FULLY COOKED COUNTRY FRIED  
BREADED BEEF STEAKS  
CHOPPED AND FORMED

**69035**

PRODUCT  
CODE

NET WT.  
20.19 LBS.

CN 090131 CN  
ONE 3.80 OZ. COUNTRY FRIED BREADED BEEF STEAK PROVIDES 2.00 OZ EQUIVALENT MEAT AND 1.00 OZ. EQUIVALENT GRAINS FOR CHILD NUTRITION MEAL PATTERN REQUIREMENTS. (USE OF THIS LOGO AND STATEMENT AUTHORIZED BY THE FOOD AND NUTRITION SERVICE, USDA 03-14.)

INGREDIENTS: GROUND BEEF (NOT MORE THAN 20% FAT), SALT, SODIUM PHOSPHATES, BREADED WITH: WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), DEHYDRATED POTATOES (POTATOES, MONO AND DIGLYCERIDES, DEXTROSE), YEAST, SUGAR, SALT, SOYBEAN OIL (PROCESSING AID), BATTERED WITH: WATER, WHOLE WHEAT FLOUR, ENRICHED WHEAT FLOUR (ENRICHED WITH NIACIN, REDUCED IRON, THIAMINE MONONITRATE, RIBOFLAVIN, FOLIC ACID), POTATO FLOUR, SALT, MODIFIED CORN STARCH, LEAVENING (CALCIUM ACID PYROPHOSPHATE, MONOCALCIUM PHOSPHATE, SODIUM BICARBONATE), CHICKEN FLAVOR (CONTAINS MALTODEXTRIN, SALT AND NATURAL FLAVORS), HYDROLYZED CORN PROTEIN, ONION POWDER, GARLIC POWDER, YEAST EXTRACT, CHICKEN BROTH, SPICE. SET IN VEGETABLE OIL.  
CONTAINS: WHEAT



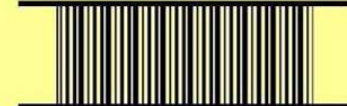
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NET WT. **20.19 LBS.** KEEP FROZEN  
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CONTAINS COMMODITIES DONATED BY THE UNITED STATES DEPARTMENT OF AGRICULTURE. THIS PRODUCT SHALL BE SOLD ONLY TO ELIGIBLE RECIPIENT AGENCIES.

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