

**VANILLA LF FRZ YOGURT CUP #20181**

Brands  
DEAN CF

<b>Nutrition Facts</b>	
Serving Size 1 Container (71g) 4 fl oz	
Servings Per Container	
<b>Amount Per Serving</b>	
<b>Calories</b> 120	<b>Calories from Fat</b> 15
% Daily Value*	
<b>Total Fat</b> 2g	<b>3%</b>
<b>Saturated Fat</b> 1g	<b>6%</b>
<b>Trans Fat</b> 0g	
<b>Cholesterol</b> 10mg	<b>3%</b>
<b>Sodium</b> 70mg	<b>3%</b>
<b>Total Carbohydrate</b> 22g	<b>7%</b>
<b>Dietary Fiber</b> 0g	<b>0%</b>
<b>Sugars</b> 17g	
<b>Protein</b> 4g	
<b>Vitamin A</b> 6%	<b>Vitamin C</b> 0%
<b>Calcium</b> 15%	<b>Iron</b> 0%
* Percent Daily Values are based on a 2000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Protein	50g    65g
Calories per gram:	
Fat 9	Carbohydrate 4    Protein 4

**INGREDIENTS:** Milk, sugar, nonfat milk, sweetcream buttermilk, corn syrup, cream, contains less than 2% of natural flavor, mono & diglycerides, cellulose gum, guar gum, carrageenan, lactic acid, acetic acid, salt, annatto (color), vitamin A palmitate, culture.

Contains: milk

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TREVOR BONE PRODUCTION FORMULA Formula # 20181 6/14/2012 Status: APPROVED  
Nutrition Last Revised: 06/14/2012

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