

# Information:

**Product Name:** That's it. Fruit Bar

Fruit Value: 1/2 Cup Fruit; 1 serving

**Portion Size:** 1.2 oz

**Count:** 150 bars per case

**Allergens:** Free of Top 8 major allergens

**Shelf Life:** 24 months



### Apple + Cranberry

Ingredients: Apples, Cranberries

**Apple + Raisin** 

Ingredients: Apples, Raisins

Item No. 1022ACRAN

Item No. 1022AR

## **Nutrition Facts** Serving Size: 1.2oz (35g)

Serving size: one bar (35g)	Apple & Cranberrie	s
	Amount per serving	% DV*
Calories	100	
Calories from fat	0	
Total Fat	0	0%
Saturated Fat	0	0%
Trans Fat	0	0%
Cholesterol	0mg	0%
Sodium	0mg	0%
Total Carbohydrate	20g	7%
Dietary Fiber	3g	12%
Sugars	11g	
Protein	0g	
Vitamin A		0%
Vitamin C		2%
Calcium		0%
Iron		2%

\*Percent Daily Values are based on a 2,000 calorie diet.

## **Nutrition Facts** Serving Size: 1.2oz (35g)

Serving size: one bar (35g)	Apple & Raisins		
	Amount per serving	% DV*	
Calories	100		
Calories from fat	0		
Total Fat	0	0%	
Saturated Fat	0	0%	
Trans Fat	0	0%	
Cholesterol	<u>Omg</u>	0%	
Sodium	0mg	0%	
Total Carbohydrate	20g	7%	
<u>Dietary Fiber</u>	2g	8%	
Sugars	11g		
Protein	<u>1g</u>		
Vitamin A		0%	
Vitamin C		2%	
Calcium		2%	
Iron		4%	
*Percent Daily Values are has	ed on a 2 000 calorio	diet	

\*Percent Daily Values are based on a 2,000 calorie diet.

That's it.



#### Product Formulation Statement (PFS) for Documenting Vegetables and Fruits

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Specific vegetable subgroups must be offered weekly and fruit must be served daily for the National School Lunch Program. For more detailed information on meal pattern requirements see the Nutrition Standards for School Meals Website at

http://www.fns.usda.gov/cnd/Governance/Legislation/nutritionstandards.htm.

Product Name:	That's it. Apple + C	ranberry fruit bar		Code:	22ACRAN	
Manufacturer:	Manufacturer: That's it Nutrition		Serving Size: 1/2 cup (1.2 oz)		2 oz)	
I. Vegetable C Please fill out the		rmine the creditable	amount of veg	etables.		
Description o Creditable Ingredient pe Food Buying Gu (FBG)	r Vegetable	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>1</sup> (quarter cups)	
(123)			X			
			X			
			X			
	Total Cree	ditable Vegetable A	mount:		FIDE TO	
<ul> <li><sup>1</sup>FBG calculations for vegetables are in quarter cups. See chart on following page for quarter cup to cup conversions.</li> <li>Vegetables and vegetable purees credit on volume served. Tomato paste and puree will</li> </ul>			Total Cups Beans/Peas (Legumes)			
continue to credit as a calculated volume based on the yields in the FBG.  At least ½ cup of recognizable vegetable is required to contribute towards the vegetable component or a specific vegetable subgroup.  The other vegetable subgroup may be met with any additional amounts from the dark green, red/orange, and beans/peas (legumes) vegetable subgroups.		Total Cups Dark Green				
<ul> <li>School food as requirement for</li> <li>Please note that</li> </ul>	uthorities may offer or the additional veg at raw leafy green ve	any vegetable subgretable subgroup. egetables credit as ha	oup to meet the	served in school	Total Cups Red/Orange	
meals (For example: 1 cup raw spinach credits as ½ cup dark green vegetable. Legumes may credit towards the vegetable component or the meat alternate component, but not as both in the same meal. The school menu planner will decide how to incorporate legumes into the school meal. However, a manufacturer should provide documentation to show how legumes contribute towards the vegetable component and the meat alternate			Total Cups Starchy			
		<ul> <li>component. See chart on the following page for conversion factors</li> <li>The PFS for meat/meat alternate may be used to document how legumes contribute towards the meat alternate component.</li> </ul>				

#### II. Fruit Component

Please fill out the chart below to determine the creditable amount of fruits.

Description of Creditable Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/ Purchase Unit	Creditable Amount <sup>t</sup> (quarter cups)
Dried Cranberries	1 oz	х	32/16	2
		х		
		х		
Tota	al Creditable Fruit Amour	nt:		1/2 cup

- <sup>1</sup>FBG calculations for fruits are in quarter cups. See chart below for quarter cup to cup conversions.
- Fruits and fruit purees credit on volume served.
- At least 1/2 cup of recognizable fruit is required to contribute towards the fruit component.
- Please note that dried fruits credit as double the volume served in school meals (For example, ½ cup raisins credits as 1 cup fruit).

I certify the above information is true and correct and that  $\frac{1.2}{}$  ounce serving of the above product contains  $\frac{1/2}{}$  cup(s) of fruit.

#### **Quarter Cup to Cup Conversions\***

- 0.5 Quarter Cups = 1/2 Cup vegetable/fruit or 0.5 ounces of equivalent meat alternate
- 1.0 Quarter Cups = 1/4 Cup vegetable/fruit or 1.0 ounce of equivalent meat alternate
- 1.5 Quarter Cups = 1/2 Cup vegetable/fruit or 1.5 ounces of equivalent meat alternate
- 2.0 Quarter Cups = ½ Cup vegetable/fruit or 2.0 ounces of equivalent meat alternate
- 2.5 Quarter Cups = \% Cup vegetable/fruit or 2.5 ounces of equivalent meat alternate
- 3.0 Quarter Cups = \( \frac{1}{2} \) Cup vegetable/fruit or 3.0 ounces of equivalent meat alternate
- 3.5 Quarter Cups = 7/4 Cup vegetable/fruit or 3.5 ounces of equivalent meat alternate
- 4.0 Quarter Cups = 1 Cup vegetable/fruit or 4.0 ounces of equivalent meat alternate
- \*The result of 0.9999 equals 1/4 cup but a result of 1.0 equals 1/4 cup

Muan Kol	Operations	
Signature	Title	
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Printed Name	Date	Phone Number