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# Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10302 Santiago® Smart Servings™ Vegetarian Ref Beans- Low Sodium 6/26.25 oz pch

### **Product Formulation Sheet: Meat/Meat Alternate**

| Description of Credible<br>Ingredient per Food Buying<br>Guide (FBG) | Ounces per Raw Portion of Creditable Ingredient | Multiply | FBG Yield/Purchase<br>Unit | Creditable Amount |
|--|---|----------|----------------------------|-------------------|
| Beans, Pinto, dry Whole Includes USDA Commodity                      | 0.76191   | х        | 1.3125                     | 1.00              |
| Beans, Pinto, dry Whole Includes USDA Commodity                      | 1.52381   | х        | 1.3125                     | 2.00              |
| Total Creditable M/MA Amount:  |   |          |                            | 1.00 / 2.00       |



|                          | Nutrition Information  | n  |                                    |    |
|--------------------------|--|----|------------------------------------|----|
| USDA Meat/Meat Alternate | 1/4 cup (1 Meat/Meat<br>Alternate)   |    | 1/2 cup (2 Meat/Meat<br>Alternate) |    |
| Contribution Equivalent  | 21.80  | g  | 43.59                              | go |
| Calories*                | 80   | 3  | 160                                |    |
| Protein*                 | 5  | g  | 10                                 | DO |
| Carbohydrate*            | 14   | g  | 29                                 | go |
| Dietary Fiber*           | - 5  | g  | 10                                 | g  |
| Sugars*                  | The state of the s | g  | 0                                  | g  |
| Total Fat*               | 0  | g  | 0.5                                | 50 |
| Trans Fat*               | 0  | g  | 0                                  | 50 |
| Saturated Fat*           | 0  | g  | 0                                  | go |
| Cholesterol*             | 0  | mg | 0                                  | mį |
| Iron                     | 1.15   | mg | 2.29                               | mį |
| Calcium                  | 25.27  | mg | 50.53                              | mg |
| Sodium*                  | 80   | mg | 160                                | mg |
| Potassium*               | 240  | mg | 480                                | mį |
| Vitamin A                | 0.00   | IU | 0.00                               | U  |
| Vitamin C                | 0.44   | mg | 0.88                               | m  |

| SERVING SIZE<br>MEASURE/WEIGHT | MEAL PATTERN CONTRIBUTION EQUIVALENT | EQUIVALENT SERVINGS<br>PER BAG | EQUIVALENT SERVINGS<br>PER CASE |
|--------------------------------|--------------------------------------|--------------------------------|---------------------------------|
| 2.64 oz.                       | 1 Meat/Meat Alternate                | 34.14                          | 204.84                          |
| 5.28 oz.                       | 2 Meat/Meat Alternate                | 17.07                          | 102.42                          |

Ingredients: Pinto Beans, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days (minimum).

## **Preparation and Cooking Instructions**

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. Step 2: Quickly pour full pouch of beans into water and cover. Step 3: Allow beans to sit for 25 minutes on steamtable. Step 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, Low Sodium, Vegetarian, No Artificial Colors or Flavors, No Preservatives.

Joe E. Bailey, Regulatory Operations Manager

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# **Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10302**

Santiago® Smart Servings<sup>™</sup> Vegetarian Ref Beans-Low Sodium 6/26.25 oz pch Product Formulation Sheet: Vegetable

| Description of Credible<br>Ingredient per Food Buying<br>Guide (FBG) | Vegetable<br>Subgroup | Ounces per Raw<br>Portion of<br>Creditable<br>Ingredient | Multiply | FBG<br>Yield/Purchase<br>Unit | Creditable<br>Amount<br>(Quarter Cups) |
|--|-----------------------|--|----------|-------------------------------|--|
| Beans, Pinto, dry Whole Includes USDA Commodity                      | Bean/Pea              | 0.76191  | x        | 1.3125                        | 1.00                                   |
| Beans, Pinto, dry<br>Whole Includes USDA Commodity                   | Bean/Pea              | 1.52381  | х        | 1.3125                        | 2.00                                   |
| Total Creditable Vegetable Amount:                                   |                       | 1.00 / 2.0   | 0        | Total Cups<br>Bean/Pea:       | 0.25 / 0.50                            |



| Nuti                    | rition Informa | ation | a se    |    |
|-------------------------|----------------|-------|---------|----|
| USDA Vegetable          | 1/4 cup        |       | 1/2 cup |    |
| Contribution Equivalent | 21.80          | g     | 43.59   | g  |
| Calories*               | 80             |       | 160     |    |
| Protein*                | 5              | g     | 10      | g  |
| Carbohydrate*           | 14             | g     | 29      | g  |
| Dietary Fiber*          | 5              | g     | 10      | g  |
| Sugars*                 | 0              | g     | 0       | g  |
| Total Fat*              | 0              | g     | 0.5     | g  |
| Trans Fat*              | 0              | g     | 0       | g  |
| Saturated Fat*          | 0              | g     | 0       | g  |
| Cholesterol*            | 0              | mg    | 0       | mg |
| Iron                    | 1.15           | mg    | 2.29    | mg |
| Calcium                 | 25.27          | mg    | 50.53   | mg |
| Sodium*                 | 80             | mg    | 160     | mg |
| Potassium*              | 240            | mg    | 480     | mg |
| Vitamin A               | 0.00           | IU    | 0.00    | IU |
| Vitamin C               | 0.44           | mg    | 0.88    | mg |

| SERVING SIZE MEASURE/WEIGHT | MEAL PATTERN CONTRIBUTION EQUIVALENT | EQUIVALENT SERVINGS<br>PER BAG | EQUIVALENT SERVINGS<br>PER CASE |
|-----------------------------|--------------------------------------|--------------------------------|---------------------------------|
| 2.64 oz.                    | 1/4C Vegetable/Bean/Pea              | 34.14                          | 204.84                          |
| 5.28 oz.                    | 1/2C Vegetable/Bean/Pea              | 17.07                          | 102.42                          |

Ingredients: Pinto Beans, Salt.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 270 Days.

### **Preparation and Cooking Instructions**

1: Pour 1/2 gallon (1.9L) boiling water into 4" deep half-steamtable pan. 2: Quickly pour full pouch of beans into water and cover. 3: Allow beans to sit for 25 minutes on steamtable. 4: Season if desired, stir, serve.

Nutrition Claims: Gluten Free, Low Sodium, Vegetarian, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager