

## 2015 Nutrient Content of Mars Chocolate North

Item	(Revised 7.31.14) Brand	Serving Size			Serv per Cont	Calories kcal
		format	fl. oz.	g		
<b>DOVE® PACKAGED PINTS</b>						
277696	DOVE® Unconditional Chocolate Pint	15.1	4.0	72	~4	200
277699	DOVE® Vanilla Chocolate Chunk Pint	15.1	4.0	65	~4	180
277701	DOVE® Mint Chocolate Chunk Pint	15.1	4.0	69	~4	180
<b>DOVEBAR® BRAND</b>						
D39128	DOVEBAR® Vanilla/Milk Chocolate, 3 pack	1 bar	2.89	75	3	250
D39129	DOVEBAR® Vanilla/Dark Chocolate, 3 pack	1 bar	2.89	75	3	250
D39130	DOVEBAR® Chocolate/Dark Chocolate, 3 pack	1 bar	2.89	75	3	250
D39125	DOVEBAR® Caramel Cashew, 3 pack	1 bar	2.89	72	3	250
D46828	DOVEBAR® Mint Swirl, 3 pack	1 bar	2.89	72	3	250
10108301	DOVEBAR® Vanilla/Milk Chocolate, single	1 bar	2.89	75	3	250
10108182	DOVEBAR® Vanilla/Dark Chocolate, single	1 bar	2.89	75	3	250
10108307	DOVEBAR® Almond/Milk Chocolate, single	1 bar	2.89	71	1	250
<b>DOVE® Miniatures</b>						
D38211	Dove® Miniatures Milk Chocolate Variety Pack	5 pieces	3.75	89	3	340
D38309	Dove® Miniatures Dark Chocolate Variety Pack	5 pieces	3.75	88	3	320
—	Dove® Miniatures Milk Chocolate Variety Pack by single piece	1 piece	0.75	18	-	70
—	Dove® Miniatures Dark Chocolate Variety Pack by single piece	1 piece	0.75	18	-	60
<b>M&amp;M's® BRAND</b>						
D47381	M&M's® Ice Cream Cookie Sandwich, 6 pack	1 piece	4.0	82	6	250
D39025	M&M's® Ice Cream Cookie Sandwich, single	1 piece	4.0	81	1	250
10107607	M&M's® Ice Cream Cone, 6 pack	1 cone	3.5	73	6	240
D10431	M&M's® Ice Cream Cone, single	1 cone	3.72	77	1	240
10104546	M&M's® Ice Cream Candy Pint	Pint	4.0	67	~4	160
<b>MILKY WAY® BRAND</b>						
D47229	Milky Way® Chocolate Ice Cream Bar, 6 pack	1 bar	2.0	51	6	180
10104545	Milky Way® Candy Pint	Pint	4.0	65	~4	140
<b>SNICKERS® BRAND</b>						
D00151/D00051	SNICKERS® Ice Cream Bar, single / 6 pack	1 bar	2.0	50	1/6	180
287201	SNICKERS® Ice Cream Bar Singles	1 bar	2.8	70	1/24	250
D38161	SNICKERS® Ice Cream Bar, miniatures	1 piece	1.0	25	12	90
10107608	SNICKERS® Ice Cream Cone, 6 pack	1 cone	3.7	77	6	250
D27115	SNICKERS® Ice Cream Cone, single	1 cone	4.0	81	1	250
10104547	SNICKERS® Ice Cream Candy Pint	Pint	4.0	67	~4	150
D33645	SNICKERS® Ice Cream Bar, 12 pack	1 bar	2.0	50	1/12	180
D25486	SNICKERS® Ice Cream Bar Singles, 24 pack	1 bar	3.1	78	1/24	280
D15724	SNICKERS® Ice Cream Bar Value, 5 pack	1 bar	2.0	50	1/5	180
<b>TWIX® BRAND</b>						
D30123	TWIX® Ice Cream Bar, 6 pack	1 bar	1.93	45	6	170
D47420	TWIX® Ice Cream Bar Single	1 bar	3	72	1/18	250
D37665	TWIX® Ice Cream Bar, miniatures	1 piece	0.95	23	12	90
10104551	TWIX® Ice Cream Candy Pint	Pint	4.0	65	~4	160
D42925	TWIX® Ice Cream Bar Singles, 24 pack	1 bar	1.93	45	1/24	170
<b>STARBURT® BRAND</b>						
360464	STARBURST® Sorbet Bar, single 10 pack	1 bar	2.60	54	1	70

10115905

STARBURST® Sorbet Bar,4 pack

1 bar

2.60

54

4

70

# 1 America Ice Cream Novelties and Packaged Ice Cream

Calories Fat	Total Fat		Saturated Fat		Trans Fat	Cholesterol		Sodium		Carbo- hydrates		Dietary Fiber		Sugar	Protein	Vitamin A	Vitamin C
	kcal	g	%DV	g	%DV	g	mg	%DV	mg	%DV	g	%DV	g				

110	12	18	8	40	0	25	8	35	1	23	8	2	8	17	3	4	*
100	11	17	7	35	0	30	10	35	1	17	6	0	0	15	2	4	*
100	11	17	7	35	0	30	10	35	1	17	6	1	4	14	3	6	*

150	16	25	10	55	0	30	10	45	2	24	8	1	4	21	3	6	*
150	17	26	10	55	0	30	10	35	1	24	8	2	8	19	3	6	*
150	16	25	10	55	0	25	8	30	1	25	9	2	12	20	3	4	*
150	16	25	10	50	0	25	8	60	3	23	8	1	4	20	3	4	*
150	17	27	9	45	0	25	8	42	2	23	8	1	4	18	3	0	*
150	16	25	10	55	0	30	10	45	2	24	8	1	4	21	3	6	*
150	17	26	10	55	0	30	10	35	1	24	8	2	8	19	3	6	*
150	17	26	9	45	0	25	8	100	4	21	7	1	4	18	4	4	*

200	22	34	14	70	0	30	10	55	2	32	11	1	4	29	4	6	*
190	21	32	13	65	0	35	12	35	1	31	10	3	12	25	4	6	*
40	4.5	7	3	15	0	5	2	10	0	6	2	0	0	6	1	*	*
35	4	6	2.5	13	0	5	2	5	0	6	2	1	4	5	1	*	*

110	13	20	7	35	0	30	10	150	6	34	11	0	0	24	3	4	*
110	12	18	5	25	0	30	10	180	8	33	11	1	4	22	3	4	*
110	12	18	6	30	0	15	5	75	3	31	10	1	4	22	3	2	*
100	11	17	6	30	0	20	7	90	4	32	11	1	4	23	3	2	*
70	7	11	4	20	0	15	5	40	2	22	7	1	4	15	3	2	*

80	9	14	7	35	0	15	5	65	3	23	8	0	0	19	2	2	*
45	5	8	3	15	0	15	5	50	2	22	7	0	0	16	3	2	*

100	11	17	6	30	0	15	5	60	3	18	6	1	4	15	3	2	*
140	15	23	9	45	0	20	7	80	3	25	8	1	4	21	4	2	*
50	6	9	3	15	0	5	2	30	1	9	3	0	0	8	2	*	*
120	13	20	6	30	0	20	7	100	4	28	9	1	4	20	4	2	*
120	13	20	6	30	0	20	7	105	4	29	10	1	4	20	4	4	*
60	6	9	3.5	18	0	15	5	70	3	21	7	0	0	15	3	2	*
100	11	17	6	30	0	15	5	60	3	18	6	1	4	15	3	2	*
150	17	26	9	45	0	20	7	90	4	28	9	1	4	23	5	0	*
100	11	17	6	30	0	15	5	60	3	18	6	1	4	15	3	2	*

90	10	15	7	35	0	10	3	50	2	18	6	0	0	15	2	*	*
130	14	22	10	50	0	15	5	75	3	28	9	0	0	23	2	2	*
45	5	8	3.5	18	0	5	2	25	1	10	3	0	0	8	1	0	*
60	7	11	4	20	0	15	5	55	2	21	7	0	0	14	3	2	*
90	10	15	7	35	0	10	3	50	2	19	6	0	0	15	2	2	*

10	1	2	0	0	0	5	2	10	0	15	5	0	0	13	0	*	*
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10	1	2	0	0	0	5	2	10	0	15	5	0	0	13	0	*	*
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Calcium	Iron
%	%

6	4
8	*
6	*

10	*
6	4
6	6
8	2
9	4
10	*
6	4
10	2

10	2
6	6
2	*
*	*

6	4
6	2
6	*
6	*
6	2

4	*
6	*

4	*
8	*
2	*
8	*
8	*
8	*
8	*
4	*
11	3
4	*

4	*
6	*
2	*
8	*
4	*

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