



**REQUEST
FOODS, INC.**

August 18, 2014

PRODUCT NAME: FULLY COOKED MEATLOAF
GORDON FOOD SERVICE PRODUCT #: 673463
REQUEST FOODS FG#: 67346

INGREDIENT STATEMENT: COOKED BEEF, CRACKER MEAL, EGGS, ONIONS, TOMATOES (TOMATOES, TOMATO JUICE, CALCIUM CHLORIDE, CITRIC ACID), MILK (VITAMIN D₃ ADDED), WORCESTERSHIRE SAUCE (DISTILLED VINEGAR, MOLASSES, CORN SYRUP, WATER, SALT, CARAMEL COLOR, SUGAR, SPICES, ANCHOVIES, NATURAL FLAVOR [CONTAINS SOY], TAMARIND), GREEN BELL PEPPERS, SALT, BEEF BASE (BEEF STOCK, SALT, FLAVOR, YEAST EXTRACT, BEEF FAT, CARAMEL COLOR, ONION POWDER, SOY SAUCE [WATER, WHEAT, SOYBEANS, SALT], MODIFIED CORN STARCH, GARLIC POWDER, CORN SYRUP SOLIDS), SPICE, GARLIC, CARAMEL COLOR.

CONTAINS: WHEAT, EGG, MILK, ANCHOVIES, SOY

NUTRITION PANEL:

Nutrition Facts	
Serving Size 3 oz. (85g)	
Servings Per Container about 21	
Amount Per Serving	
Calories 160	Calories from Fat 80
% Daily Value*	
Total Fat 9g	14%
Saturated Fat 3.5g	18%
Trans Fat 0.5g	
Cholesterol 60mg	20%
Sodium 210mg	9%
Total Carbohydrate 7g	2%
Dietary Fiber 0g	0%
Sugars 1g	
Protein 12g	
Vitamin A 2%	• Vitamin C 2%
Calcium 2%	• Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 85g 80g
Saturated Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

SCHOOL LUNCH EQUIVALENT DATA:

PLEASE SEE ATTACHED LETTER FROM PATRICIA PHILLIPS, PHILLIPS RESOURCES

August 18, 2014

To whom it may concern:

I have reviewed the product formulation for Request Foods' FULLY COOKED MEATLOAF (product code number 673463) and calculated the credit toward the child nutrition meal pattern requirements based on the Food Buying Guide and the weight of cooked lean meat. One 85 gram serving of FULLY COOKED MEATLOAF contains 1.5 ounce of meat/meat.

Sincerely,

A handwritten signature in black ink that reads "Patricia Phillips". The signature is written in a cursive, flowing style.

Patricia Phillips