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Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10298 Santiago® QUICK-START® Veg Chili w/Red Beans 6/20.8oz pch

Product Formulation Sheet: Meat/Meat Alternate

Description of Credible Ingredient per Food Buying Guide (FBG)	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount
Beans, Red, Small, dry Whole Includes USDA Commodity	0.78432	x	1.2750	1.00
Beans, Red, Small, dry Whole Includes USDA Commodity	1.56863	х	1.2750	2.00
Total Creditable M/MA Amoun	t:			1.00 / 2.00



	Nutrition Informatio	n		
USDA Meat/Meat Alternate	1/4 cup (1 Meat/Meat Alternate)		1/2 cup (2 Meat/Meat Alternate)	
Contribution Equivalent	35.14	g	70.28	0.0
Calories*	130		270	.,/(
Protein*	7	to o	14	80
Carbohydrate*	25	g	50	g
Dietary Fiber*	6	80	12	80
Sugars*	4	g	7	g
Total Fat*	1	g	1.5	g
Trans Fat*	0	g	0	g ₀
Saturated Fat*	0	g	0	100
Cholesterol*	0	mg	0	mg
Iron	2.56	mg	5.12	mg
Calcium	46.28	mg	92.56	mg
Sodium*	350	mg	700	mg
Potassium*	510	mg	1010	mg
Vitamin A	291.12	IU	582.25	IU
Vitamin C	12.42	mg	24.84	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
6.05 oz.	1 Meat/Meat Alternate	16.78	100.68
12.09 oz.	2 Meat/Meat Alternate	8.39	50.34

Ingredients: Red Beans, Tomato, Chili Pepper, Onion, Sugar, Salt, Modified Corn Starch, Spice, Green Bell Pepper, Garlic, Citric Acid, Calcium Chloride, Natural Flavor.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days.

Preparation and Cooking Instructions

1: In a 4-quart pot, add 2 1/2 quarts of hot water (190°F) and 1 pouch chili. 2: Heat to a boil. Reduce heat and simmer covered for a minimum of 15 minutes, stirring occasionally. 3: Stir and serve. CROCK POT®: 1: Add 2 1/2 quarts of hot water and 1 pouch chili. 2: Set on high for 3 hours or low for 4 hours. 3: Stir and serve. OPTIONAL: In step 1, add your choice of pre-cooked ingredients such as meats, diced vegetables, or other beans.

Nutrition Claims: Vegetarian, Kosher Pareve, Gluten Free, No Artificial Colors or Flavors, No Preservatives.

I certify that the above information is true and correct when prepared according to directions.

Joe E. Bailey, Regulatory Operations Manager

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Child Nutrition Meal Pattern Contribution Basic American Foods SKU 10298 Santiago® QUICK-START® Veg Chili w/Red Beans 6/20.8oz pch

Product Formulation Sheet: Vegetable

Description of Credible Ingredient per Food Buying Guide (FBG)	Vegetable Subgroup	Ounces per Raw Portion of Creditable Ingredient	Multiply	FBG Yield/Purchase Unit	Creditable Amount (Quarter Cups)
Beans, Red, Small, dry Whole Includes USDA Commodity	Bean/Pea	0.78432	х	1.2750	1.00
Beans, Red, Small, dry Whole Includes USDA Commodity	Bean/Pea	1.56863	х	1.2750	2.00
Total Creditable Vegetable Amount:		1.00 / 2.0	0	Total Cups Bean/Pea:	0.25 / 0.50



Nuti	rition Informa	ation		
USDA Vegetable	1/4 cup		1/2 cup	
Contribution Equivalent	35.14	g	70.28	g
Calories*	130		270	
Protein*	7	g	14	g
Carbohydrate*	25		50	g
Dietary Fiber*	6	g	12	g
Sugars*	4	g	7	g
Total Fat*	1	g	1.5	g
Trans Fat*	907	g	0	g
Saturated Fat*	0	g	0	g
Cholesterol*	0	mg	0	mg
Iron	2.56	mg	5.12	mg
Calcium	46.28	mg	92.56	mg
Sodium*	350	mg	700	mg
Potassium*	510	mg	1010	mg
Vitamin A	291.12	IU	582.25	IU
Vitamin C	12.42	mg	24.84	mg

SERVING SIZE MEASURE/WEIGHT	MEAL PATTERN CONTRIBUTION EQUIVALENT	EQUIVALENT SERVINGS PER BAG	EQUIVALENT SERVINGS PER CASE
6.05 oz.	1/4C Vegetable/Bean/Pea	16.78	100.68
12.09 oz.	1/2C Vegetable/Bean/Pea	8.39	50.34

Ingredients: Red Beans, Tomato, Chili Pepper, Onion, Sugar, Salt, Modified Corn Starch, Spice, Green Bell Pepper, Garlic, Citric Acid, Calcium Chloride, Natural Flavor.

Packaging and Storage Information: Store cool dry (less than 80 degree F); 365 Days.

Preparation and Cooking Instructions

1: In a 4-quart pot, add 2 1/2 quarts of hot water (190°F) and 1 pouch chili. 2: Heat to a boil. Reduce heat and simmer covered for a minimum of 15 minutes, stirring occasionally. 3: Stir and serve. CROCK POT®: 1: Add 2 1/2 quarts of hot water and 1 pouch chili. 2: Set on high for 3 hours or low for 4 hours. 3: Stir and serve. OPTIONAL: In step 1, add your choice of pre-cooked ingredients such as meats, diced vegetables, or other beans.

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