

Caramel Dittos
10/2/2013

Nutrition Facts

Serving Size 2/3 cup (30g)

Servings Per Container

Amount Per Serving

Calories 130 Calories from Fat 40

% Daily Value

Total Fat 4.5g 7%

Saturated Fat 0g 0%

Trans Fat 0g

Cholesterol 0mg 0%

Sodium 190mg 8%

Potassium 20mg 1%

Total Carbohydrate 22g 7%

Dietary Fiber 1g 4%

Sugars 14g

Protein 1g

Vitamin A 0% *Vitamin C 0%

Calcium 0% *Iron 0%

*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:

	Calories	2,000	2,500
Total Fat	Less Than	65g	80g
Saturated Fat	Less Than	20g	25g
Cholesterol	Less Than	300mg	300mg
Sodium	Less Than	2,400mg	2,400mg
Potassium	Less Than	3,500mg	3,500mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

Calories per Gram:

Fat 9 - Carbohydrate 4 - Protein 4

Ingredients: Brown Sugar, Corn Meal, Corn Syrup, Vegetable Oil (Canola and/or Corn Oil),

Contains 2% or less of the following:

Salt, Margarine (Vegetable Oil [Soybean and/or Canola], Partially Hydrogenated Soybean Oil, Water, Salt Mono & Diglycerides, Soy Lecithin, Sodium Benzoate, Artificial Flavor, Beta Carotene, Vitamin A Palmitate), Soy Lecithin, Natural & Artificial Flavors and Beta Carotene.

Contains: Soy.