



PRODUCT CODE: 30610713

DESCRIPTION: BATTERED SWEET CORN NUGGETS

| Nutrition Facts | |
|---|--------------------------------|
| Serving Size 6 pieces (82g) | |
| Serving Per Container: about 11 | |
| Amount Per Serving | |
| Calories 190 | Calories from Fat 50 |
| % Daily Value* | |
| Total Fat 6g | 9% |
| Saturated Fat 1g | 5% |
| TransFat 0g | |
| Cholesterol 0mg | 0% |
| Sodium 420mg | 18% |
| Total Carbohydrate 31g | 10% |
| Dietary Fiber 2g | 9% |
| Sugars 2g | |
| Protein 3g | |
| Vitamin A 0% | Vitamin C 0% |
| Calcium 2% | Iron 4% |
| * Percent (%) Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs: | |
| Calories: | 2,000 2,500 |
| Total Fat | Less than 65g 80g |
| Saturated Fat | Less than 20g 25g |
| Cholesterol | Less than 300mg 300mg |
| Sodium | Less than 2,400mg 2,400mg |
| Potassium | 3,500mg 3,500mg |
| Total Carbohydrate | 300g 375g |
| Dietary Fiber | 25g 30g |
| Calories per gram: | |
| Fat 9 | Carbohydrate 4 Protein 4 |

INGREDIENT STATEMENT: Corn, Water, Enriched Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean And/Or Canola), Sugar. Contains 2% or less of Bleached Wheat Flour, Calcium Caseinate, Calcium Chloride, Corn Starch, Dextrose, Food Starch - Modified, Iodized Salt, Leavening (Sodium Acid Pyrophosphate, Sodium Bicarbonate), Natural Flavor, Nonfat Milk, Oleoresin Turmeric and Paprika (color), Salt, Sodium Citrate, Sodium Tripolyphosphate, Sodium Alginate, Sodium Silico Aluminate, Spice, Whey, Yellow Corn Flour.
Contains: Milk, Wheat

Susan Johnston
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