



6/5/14

GFS 1.5oz CHOCOLATE CHIP (697790)

Nutrition Facts			
Amount Per Serving			
Calories	190	Calories From Fat	80
% Daily Value*			
Total Fat	9g		14%
Saturated Fat	4.5g		22%
Trans Fat	0g		
Cholesterol	10mg		4%
Sodium	115mg		5%
Total Carbohydrate	26g		9%
Dietary Fiber	<1g		3%
Sugars	12g		
Protein	2g		
Vitamin A	4%	• Vitamin C	0%
Calcium	0%	• Iron	4%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
		Calories	2,000 2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Enriched wheat flour, sugar, chocolate chips (sugar, chocolate liquor, cocoa butter, soy lecithin as an emulsifier, salt, and artificial flavoring added), margarine (palm oil, soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate, artificial flavor, beta carotene, vitamin A palmitate added), shortening (palm oil), whole eggs, invert sugar, white chocolate powder, vanilla flavor, soda bicarbonate, baking powder, salt, butter flavor. Contains: Wheat, eggs, milk, soy.