



6/5/14

**GFS 3oz CANDY (697810)**

<b>Nutrition Facts</b>	
<b>Amount Per Serving</b>	
<b>Calories</b> 380	<b>Calories From Fat</b> 150
% Daily Value*	
<b>Total Fat</b> 17g	<b>25%</b>
Saturated Fat 8g	<b>42%</b>
Trans Fat 0g	
<b>Cholesterol</b> 25mg	<b>8%</b>
<b>Sodium</b> 240mg	<b>10%</b>
<b>Total Carbohydrate</b> 53g	<b>18%</b>
Dietary Fiber 1g	<b>4%</b>
Sugars 25g	
<b>Protein</b> 4g	
Vitamin A 8%	• Vitamin C 0%
Calcium 4%	• Iron 6%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories    2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g

**INGREDIENTS:** Enriched wheat flour, sugar, m&m's[milk chocolate (sugar, chocolate, skim milk, cocoa butter, lactose, milkfat, soy lecithin, salt, artificial flavors), sugar, less than 0.5%- cornstarch, corn syrup, coloring (includes Yellow 5 lake, Red 40 lake, Blue 1 Lake, Yellow 6 lake, Blue 2 lake, Blue 1, Blue 2, Red 40, Yellow 5, Yellow 6), dextrin], margarine (palm oil, soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate, artificial flavor, beta carotene, vitamin A palmitate added), shortening (palm oil), whole eggs, invert sugar, white chocolate powder, vanilla flavor, soda bicarbonate, baking powder, salt, butter flavor.  
**Contains:** Wheat, eggs, milk, soy. May contain peanuts.