# 9488 Let's Celebrate 30-10-30 – Chocolate Cupcake

## >51% WHOLE GRAIN - 1.5oz

SBI CODE # - 9488 UPC ITEM# - 091464948809

## **Nutrition Facts**

Serving Size 1.5oz (43g)		
Servings Per Container 1		
Amount Per Se	erving	
Calories 140	Calories from Fat 25	
% Daily Value*		
Total Fat 3g		4%
Saturated Fat 1g		5%
Trans Fat Og		
Polyunsaturated Fat 1g		
Monounsaturated Fat 1g		
Cholesterol 20mg		6%
Sodium 200mg		8%
Total Carbohydrate 26g		9%
Dietary Fiber 6g		24%
Sugars 8g		
Protein 2g		5%
Vitamin A 0%	•	Vitamin C 0%
Calcium 10%	•	Iron 10%
*Percent Daily Values are based on a 2,000 calorie diet.		

INGREDIENTS: Water, Maltitol, Sugar,

Polydextrose, Whole Wheat Flour, Unbleached Enriched Flour (Wheat Flour, Malted Barley Flour, Nicacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Cocoa (Processed with Alkali and Natural Flavor), Contains 2% or less of the following: Glycerine, Soybean Oil, Dry Eggs, Palm Oil, Powdered Whey (Milk), Leavening (Sodium Acid Pyrophosphate, Baking Soda, Monocalcium Phosphate), Salt, Citrus Fiber, Calcium Carbonate, Dextrose, Nonfat Dry Milk, Soy Flour, Chocolate Liquor, Calcium Sulfate, Corn Syrup, Corn Starch, Agar, Soy Lecithin, Monoglycerides, Sorbitan Monostearate, Guar Gum, Polysorbate 60, Artificial Flavor, Sucralose (Non-Nutritive Sweetener), Sodium Hexametaphosphate, Mono-And Diglycerides, Preserved with Postassium Sorbate, Sorbic Acid and Sodium Propionate (To Retard Spoilage).

CONTAINS: WHEAT, EGGS, MILK & SOY MANUFACTURED ON SHARED EQUIPMENT THAT ALSO PROCESSES PRODUCTS CONTAINING WALNUTS & COCONUT. PEANUT/PEANUT DERIVATIVES ARE PRESENT IN THE FACILTY



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### **PRODUCT CONTRIBUTION**

GRAIN CREDIT: ½ oz grain equivalent GRAMS OF FLOUR: 8g GRAMS OF WHOLE GRAIN: 4.07 GRAMS OF ENRICHED: 3.93g PERCENT OF TOTAL GRAINS THAT ARE WHOLE GRAIN: 51% DOES THIS PRODUCT QUALIFY AS WHOLE GRAIN RICH: Yes

### **PRODUCT HIGHLIGHTS**

- Meets AHG & HUSSC Guidelines
- Qualifies as Whole Grain Rich
- 19.2% calories from fat, 6.42% calories from sat fat, 18.6% sugar by weight (30-10-30)

## SUGGESTED BID SPEC

Goodyman Let's Celebrate 30-10-30 >51% Whole

**Grain(Chocolate) code/9488**- 72 - 1.5 oz. Frozen, I.W. printed film, no sprinkles. Thaw & Serve cupcake. Must conform to USDA Child Nutrition Program specifications and meet ½ oz bread equivalent. *Must meet 30% or less calories from fat, 10% or less calories from sat fat, and 30% or less sugar by weight.* Made with >51% Whole Grain Flour. Meets AHG & HUSSC Guidelines. Must supply 6g fiber, 8g sugar. Student preferred brand Super Bakery's Goodyman product **#9488**. Made in the USA, Peanut Free Product\*. Product analysis required. **(U)** 

#### CASE SPECS

cs/ct case dimensions case cube case weight cases per pallet TiHi shelf life 72 (12 iw cc per tray - 6 trays per case) 14.75" L x 10.875" W x 10.625" H .99 7.75 lbs 88 11 x 8 frozen: 12 months / ambient: 16 days

PRESIDENT, SUPER BAKERY, INC.