



# Gilster-Mary Lee Food Service

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PRODUCT SPECIFICATIONS				
<b>Label:</b>	HOSPITALITY	<b>Pack Size:</b>	4/35 OZ	
<b>Description:</b>	TOASTED OATS	<b>Net Wt.:</b>	8.75 LBS	
<b>MFG Item #:</b>	71923 76244	<b>Gross Wt.:</b>	9.75 LBS	
<b>14-digit GTIN:</b>	100 71923 76244 0	<b>Cube:</b>	1.59	
<b>12-digit UPC:</b>	0 71923 76244 3	<b>Pallet TI-HI:</b>	8 X 7	
		<b>Case Dim.:</b>	19.75 X 17.13 X 12.38	
		<b>Storage:</b>	DRY 50°-85°F	
		<b>Shelf Life:</b>	365 DAYS	
		<b>Date Code:</b>	Expiration	
		<b>Kosher:</b>	YES	
NUTRITIONAL INFORMATION				
<b>Serving Size:</b>	1 CUP (30g)		<b>INGREDIENT STATEMENT</b>	
<b>Svg/Container:</b>	APPROX 33			
	<b>AMOUNT PER SERVING -</b>	<b>CEREAL W/1/2</b>	<p><b>INGREDIENTS:</b>            WHOLE OAT FLOUR, MODIFIED CORN STARCH, WHEAT STARCH, SUGAR, SALT, CALCIUM CARBONATE, OAT FIBER, TRIPOTASSIUM PHOSPHATE, VITAMIN C (SODIUM ASCORBATE), PRESERVATIVE (TOCOPHEROLS), REDUCED IRON, VITAMIN A (PALMITATE), NIACINAMIDE, ZINC (ZINC OXIDE), VITAMIN B6 (PYRIDOXINE HYDROCHLORIDE), VITAMIN B2 (RIBOFLAVIN), VITAMIN D (CHOLECALCIFEROL), VITAMIN B1 (THIAMINE HYDROCHLORIDE), FOLIC ACID, COLOR (ANNATTO EXTRACT), VITAMIN B12 (CYANOCOBALAMIN)</p> <p>BHT ADDED TO PACKAGING TO HELP PRESERVE FRESHNESS.</p> <p><b>ALLERGENS: WHEAT</b></p>	
	<b>DRY</b>	<b>&amp; D</b>		
		<b>SKIM MILK</b>		
<b>Calories:</b>	120	160		
<b>Fat Calories:</b>	10	10		
	<b>% DAILY VALUE**</b>			
<b>Total Fat:</b>	1g*	2%		2%
<b>Saturated Fat:</b>	0g	0%		0%
<b>Trans Fat:</b>	0g			
<b>Cholesterol:</b>	0mg	0%		1%
<b>Sodium:</b>	210mg	9%	11%	
<b>Potassium:</b>	200mg	6%	12%	
<b>Total Carbohydrates:</b>	23g	8%	10%	
<b>Dietary Fiber:</b>	3g	13%	13%	
<b>Sugars:</b>	2g			
<b>Protein:</b>	4g			
<b>Vitamin A:</b>		10%	15%	
<b>Vitamin C:</b>		25%	25%	
<b>Calcium:</b>		10%	25%	
<b>Iron:</b>		50%	50%	
<b>Vitamin D:</b>		10%	25%	
<b>Thiamin:</b>		25%	30%	
<b>Riboflavin:</b>		25%	35%	
<b>Niacin:</b>		25%	25%	
<b>Vitamin B6:</b>		25%	25%	
<b>Folate:</b>		50%	50%	
<b>Vitamin B12:</b>		25%	25%	
<b>Phosphorus:</b>		4%	15%	
<b>Magnesium:</b>		10%	10%	
<b>Zinc:</b>		25%	30%	
<b>Copper:</b>		2%	2%	

\* Amount in cereal.

\*\* Percent Daily Values are based on a 2,000 calorie diet. Your Daily Values may be higher or lower, depending on your calorie needs.