



6/5/14

KE Oatmeal Raisin (707690)

Nutrition Facts			
Amount Per Serving			
Calories 180	Calories From Fat 70		
% Daily Value*			
Total Fat 7g	11%		
Saturated Fat 3g	16%		
Trans Fat 0g			
Cholesterol 15mg	4%		
Sodium 180mg	8%		
Total Carbohydrate 27g	9%		
Dietary Fiber 1g	5%		
Sugars 14g			
Protein 3g			
Vitamin A 8%	• Vitamin C 0%		
Calcium 0%	• Iron 4%		
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g

INGREDIENTS: Sugar, enriched wheat flour, margarine (palm oil, soybean oil, water, salt, mono and diglycerides, soy lecithin, sodium benzoate, artificial flavor, beta carotene, vitamin A palmitate added), raisins, oats, whole eggs, invert sugar, molasses, baking powder, cinnamon, soda bicarbonate, vanilla flavor, salt, cloves.
Contains: Wheat, eggs, soy.