



GFS# 712510



Cheetos® Flamin' Hot Crunchy Cheese Snacks – 2 oz. (56.7 g)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	320
Calories from Fat	200
	%Daily Value*
Total Fat 22g	34%
Saturated Fat 3g	16%
Trans Fat 0g	
Cholesterol 0mg	0%
Sodium 500mg	21%
Total Carbohydrate 30g	8%
Dietary Fiber 1g	4%
Sugars less than 1g	
Protein 3g	
Vitamin A	2%
Vitamin C	0%
Calcium	0%
Iron	6%
Thiamin	10%
Riboflavin	6%
Niacin	6%
Vitamin B6	4%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
	Calories: 2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Total	300g 375g
Carbohydrate	
Dietary	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Enriched Corn Meal (Corn Meal, Ferrous Sulfate, Niacin, Thiamin Mononitrate, Riboflavin, and Folic Acid), Vegetable Oil (Corn, Canola and/or Sunflower Oil), Flamin' Hot Seasoning (Maltodextrin [Made From Corn], Salt, Sugar, Monosodium Glutamate, Yeast Extract, Citric Acid, Artificial Color [Red 40 Lake, Yellow 6 Lake, Yellow 6, Yellow 5], Sunflower Oil, Cheddar Cheese [Milk, Cheese Cultures, Salt, Enzymes], Onion Powder, Whey, Whey Protein Concentrate, Garlic Powder, Natural Flavor, Buttermilk, Sodium Diacetate, Disodium Inosinate, and Disodium Guanylate), and Salt.

CONTAINS MILK INGREDIENTS.

Case UPC	000-28400-44368-5
Bag UPC	0-28400-04791-3
Case Pack	64/2 oz.
Kosher Status	No
AHG Compliant	No
USDA Competitive Food Compliant	No
Grain – oz. eq. (16 g/serving)	2 oz. eq.
Weight of Grain	35.6 g
Document Updated	1/14

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.