



GFS # 712540



Oven Baked Lay's® Sour Cream & Onion 1.125 oz. (38.9 g.)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	130
Calories from Fat	30
	%Daily Value*
Total Fat 3.5g	5%
Saturated Fat 0.5g	3%
Trans Fat 0g	
Polyunsaturated Fat 2g	
Monounsaturated Fat 1g	
Cholesterol 0mg	0%
Sodium 190mg	8%
Potassium 250mg	7%
Total Carbohydrate 24g	8%
Dietary Fiber 1g	6%
Sugars 3g	
Protein 2g	
Vitamin A	0%
Vitamin C	2%
Calcium	2%
Iron	0%
Thiamin	6%
Niacin	6%
Vitamin B6	8%
Folate	2%
Pantothenic Acid	4%
Phosphorus	4%
Magnesium	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total Carbohydrate	300g 375g
Dietary Fiber	25g 30g
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

Ingredients:

Dried Potatoes, Corn Starch, Corn Oil, Sugar, Skim Milk, Salt, Dextrose, Potassium Chloride, Soy Lecithin, Cultured Skim Milk, Whey, Onion Powder, Sour Cream (Cultured Cream, Skim Milk), Natural Flavors, Parsley, Citric Acid, and Annatto Extract (Color).

CONTAINS MILK AND SOY INGREDIENTS.

Case UPC	000-28400-44398-2
Bag UPC	0-28400-08278-5
Case Pack	64/1.125 oz. bags
Kosher Status	Not Kosher
AHG Compliant	No
USDA Competitive Food Compliant	Yes – Vegetable first ingredient
Healthier US Schools Compliant Competitive Foods (Gold Award of Distinction)	Yes
Grain/Bread Equivalents	n/a
Weight of Grain	n/a
Document Updated	3/14

All products are accurately labeled with the most current information however, since the ingredients are subject to change at any time, we recommend you check the label on the specific product for the most current and accurate information.