



Lay's® Potato Chips Original – 1.5 oz. (42.5 g)

Nutrition Facts	
Serving Size	1 package
Servings Per Container	1
Amount Per Serving	
Calories	240
Calories from Fat	140
%Daily Value*	
Total Fat 16g	24%
Saturated Fat 1.5g	8%
Trans Fat 0g	
Polyunsaturated Fat 4g	
Monounsaturated Fat 8g	
Cholesterol 0mg	0%
Sodium 250mg	10%
Potassium 520mg	15%
Total Carbohydrate 23g	8%
Dietary Fiber 2g	7%
Sugars 1g	
Protein 3g	
Vitamin A	0%
Vitamin C	15%
Calcium	0%
Iron	4%
Vitamin E	8%
Thiamin	6%
Niacin	8%
Vitamin B6	15%
Magnesium	6%
Zinc	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.	
Calories:	2,000 2,500
Total Fat	Less than 65g 80g
Sat Fat	Less than 20g 25g
Cholesterol	Less than 300mg 300mg
Sodium	Less than 2,400mg 2,400mg
Potassium	3,500mg 3,500mg
Total	300g 375g
Carbohydrate	
Dietary	25g 30g
Fiber	
Calories per gram:	
Fat 9	Carbohydrate 4 Protein 4

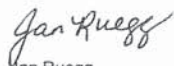
Ingredients:

Potatoes, Vegetable Oil (Sunflower, Corn and/or Canola Oil), and Salt.

No Preservatives

Case UPC	000-28400-44359-3
Bag UPC	0-28400-09156-6
Case Pack	64/1.5 oz. bags
Kosher Status	Yes - OU
AHG Compliant	No
Healthier US Schools Compliant - Competitive Foods	No
Grain – oz. eq. (16 g / serving)	0
Weight of Grain	0
Document Updated	4/13

I verify the above information is accurate as of 4/9/13.



Jan Ruegg
PepsiCo Foodservice/Vend
Nutrition Science