



Voted best Flan By New Times & Three Guys from Miami

Established Since 1989

Lila's Desserts Inc.

Flan 4 oz.

Nutrition Facts

Serving Size 1 piece (112g)
Serving Per Container 1

Amount Per Serving

Calories 210 Calories from Fat 80

% Daily Value*

Total Fat 9g 13%

Saturated Fat 5g 25%

Trans Fat 0g

Cholesterol 80mg 30%

Sodium 550mg 23%

Total Carbohydrate 26g 9%

Dietary Fiber 0g 0%

Sugars 26g

Protein 8g

Vitamin A 8% Vitamin C 4%

Calcium 25% Iron 2%

* Percent Daily Value are based on a 2,000 Calorie diet. Your daily value may be higher or lower based on your calorie needs.

Ingredients:

Evaporated milk (milk, dipotassium phosphate, Carrageenan, vitamin D3), Condensed Milk (whole milk, Sucrose (sugar), Whole Milk (milk, vitamin D3), Whole eggs, potassium Sorbate to preserve freshness, salt, caramel syrup (sugar, water, lemon juice (water, lemon concentrate, 1/50th of 1% sodium metabisulphite)), and color added (annatto extract, Turmeric Extracts, Propylene Glycol, polysorbate 80, Mono-diglycerides, potassium Hydroxide).

12309 SW 130 St., Miami, Florida 33186 Tel: (305) 252-1441 Fax: (305) 252-7609

Email: liladsrt@bellsouth.net

www.lilasdesserts.com

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