

059564-77Mixed Fruit Singles

## **CALCULATING FRUIT MEAL CONTRIBUTIONS**

(1) Description of Creditable Ingredient per Food Buying Guide (FBG)	(2) Ounces per Raw Portion of Creditable Ingredient	(3) Multiply	(4) FBG Yield/Servings Per Unit		s Per	(5) Creditable Amount1 (quarter cups)
Fruit mixed, canned may include: apricots, peaches, pears, pinapple, cherries, grapes, etc. includes USDA commodities (peaches, pear, grapes)	4.39	X	48.6	+	106	2.0128
Total Creditable Fruit Amount:						2.0128
				(6) t Rounde Nearest	ed Down 0.5	2
			Tot	(7) (ERSION CUP): al Credita Amount:	able	1/2

I certify the above information is true and correct and that

4.4 oz

serving of the above product contain

1/2 cup(s) of fruit

Quarter Cup to Cup Conversions*				
0.5 Quarter Cups vegetable = 1/2 Cup vegetable or 0.5 ounces of equivalent meat alternate				
1.0 Quarter Cups vegetable = ¼ Cup vegetable or 1.0 ounce of equivalent meat alternate				
1.5 Quarter Cups vegetable = 3/2 Cup vegetable or 1.5 ounces of equivalent meat alternate				
2.0 Quarter Cups vegetable = ½ Cup vegetable or 2.0 ounces of equivalent meat alternate				
2.5 Quarter Cups vegetable = ¾ Cup vegetable or 2.5 ounces of equivalent meat alternate				
3.0 Quarter Cups vegetable = 3/4 Cup vegetable or 3.0 ounces of equivalent meat alternate				
3.5 Quarter Cups vegetable = % Cup vegetable or 3.5 ounces of equivalent meat alternate				
4.0 Quarter Cups vegetable = 1 Cup vegetable or 4.0 ounces of equivalent meat alternate				
*The result of 0.9999 equals 1/2 cup but a result of 1.0 equals 1/2 cup				

Print name: Hort	encia Calderon	Date: 3/10/22		
Signature:	S Callun	Title: Q.A. Manager		