



<b>Nutrition Facts</b>			
<b>Serving Size:</b> 4 Crackers (13g/2 Packages)			
<b>Number of Servings per Package:</b> 200			
<b>Amount Per Serving</b>			
<b>Calories:</b> 50			
<b>% Daily Value*</b>			
<b>Total Fat</b>	1.5g		2%
Saturated Fat	0 g		2%
Trans Fat	0 g		
<b>Cholesterol</b>	0 mg		0%
<b>Sodium</b>	110 mg		5%
<b>Total Carbohydrate</b>	9 g		3%
Dietary Fiber	.4 g		3%
Sugars	1 g		
<b>Protein</b>	1 g		
<b>Vitamin A</b>	Per Srv 0%	<b>Vitamin C</b>	Per Srv 0%
<b>Calcium</b>	2%	<b>Iron</b>	2%
*Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs.			
	Calories	2,000	2,500
Total Fat	Less than	65g	80g
Sat. Fat	Less than	20g	25g
Cholesterol	Less than	300mg	300mg
Sodium	Less than	2,400mg	2,400mg
Total Carbohydrate		300g	375g
Dietary Fiber		25g	30g
Calories per gram			
Fat	9	Carbohydrate	4 Protein 4

**Product Specifications:**

Code	GTIN	Pack	Pack Description
107762	00076410904221	400 X 7 GR	400 ct/2-pk

Brand	Brand Owner	GPC Description
LANCE	Snyder's-Lance, Inc.	Biscuits/Cookies (Shelf Stable)

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
6.71 LB	5.69 LB	USA	Yes	No

**Shipping Information**

Length	Width	Height	Cube	TlxHl	Shelf Life	Storage Temp From/To
15.938 IN	11.938 IN	6.375 IN	0.702 FTQ	10 x 10	182	60 FAH / 70 FAH

**Ingredients :**

Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean Oil and/or Palm Oil), Sugar, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Corn Syrup, Salt, Wheat Gluten, Cornstarch.  
CONTAINS: WHEAT

**Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info Provided'):**

Eggs - N	Milk - N	Peanuts - N
Soy - N	Wheat - C	TreeNuts - N
Fish - N	Crustacean - N	

**Handling Suggestions :**

To be stored in a cool, dry place with recommended temperature not to exceed 70F and relative humidity less than 60%.

**Benefits :**

Whole Grain, School approved, No preservatives, 0g trans fats, cholesterol free

**Serving Suggestions :**

School compliant. Perfect as a snack or side for restaurants, hotels, hospitals, schools, colleges, stadiums, clubs, bars, etc. A great accompaniment with soup/salad bars or in cracker baskets

**Prep & Cooking Suggestions :**

Ready to serve and enjoy!

**More Information :**

Please contact your local Snyder's-Lance Sales Representative or call Customer Service at 1-888-722-1163 ext. 8313.



2 pk 400 ct - Captain Wafer Crackers -Item #: 107762

Kosher:

### Whole Grain Captain Wafer

**INGREDIENTS:** Whole Wheat Flour, Enriched Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Vegetable Oil (Soybean Oil and/or Palm Oil), Sugar, Leavening (Sodium Bicarbonate, Ammonium Bicarbonate, Monocalcium Phosphate), Corn Syrup, Salt, Wheat Gluten, Corn Starch.

**CONTAINS:** WHEAT

## Nutrition Facts

200 serving per container

**Serving size 4 Crackers (13g/2 packages)**

Amount Per Serving

**Calories 50**

% Daily Value\*

**Total Fat 1.5g 2 %**

Saturated Fat 0g 2 %

Trans Fat 0g

Polyunsaturated Fat 0.5g

Monounsaturated Fat 0g

**Cholesterol 0mg 0 %**

**Sodium 110mg 5 %**

**Total Carbohydrate 9g 3 %**

Dietary Fiber less than 1g 3 %

Total Sugars 1g

Includes 1g Added Sugars 2 %

**Protein 1g**

Vitamin D 0mcg 0 %

Calcium 20mg 2 %

Iron 0.4mg 2 %

Potassium 0mg 0 %

\*The Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

DISTRIBUTED BY: S-L Snacks National, LLC  
Charlotte, NC 28277-2706 USA  
© 2018 S-L Snacks National, LLC

2 Packages (4 crackers) meet 0.5 ounce equivalents of grains

4 Packages (8 crackers) meet 1.0 ounce equivalents of grains

Ron Pepperdine  
Dir. Regulatory Affairs

Date: 10/26/18

# Formulation Statement for Documenting Grains in School Meals

## Required Beginning School Year (SY) 2013-2014

(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Lance Whole Grain Captain Wafer Code No.: 107762  
 Manufacturer: S-L Snacks National, LLC Serving Size: 13g (2 packages/4 crackers)  
 (raw dough weight may be used to calculate creditable grain amount)

- I. Does the product meet the whole grain-rich criteria:**  Yes  No  
 (Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)
- II. Does the product contain noncreditable grains:**  Yes  No **How many grams:** \_\_\_\_\_  
 (Products with more than 0.24 ounce equivalent (oz eq) or 3.99 grams for Groups A-G or 6.99 grams for Group H of noncreditable grains may not credit towards the grain requirements for school meals.)
- III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G (baked goods), Group H (cereal grains), or Group I (ready-to-eat breakfast cereals).** (Different methodologies are applied to calculate servings of the grain component based on creditable grains. Groups A-G use the standard of 16 grams creditable grain per oz eq; Group H uses the standard of 28 grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the product belongs: A

Description of Creditable Grain Ingredient*	Grams of Creditable Grain Ingredient per Portion <sup>1</sup> A	Gram Standard of Creditable Grain per oz equivalent (16 g or 28 g) <sup>2</sup> B	Creditable Amount A ÷ B
Whole Wheat Flour	5.04g	16g	0.32
Enriched Wheat Flour	4.34g	16g	0.27
<b>Total Creditable Amount<sup>3</sup></b>			<b>0.59</b>

\* Creditable grains are whole-grain meal/flour and enriched meal/flour.

<sup>1</sup> (Serving size) X (% of creditable grain in formula). Please be aware that serving sizes other than grams must be converted to grams.

<sup>2</sup> Standard grams of creditable grains from the corresponding Group in Exhibit A.

<sup>3</sup> Total Creditable Amount must be rounded **down** to the nearest quarter (0.25) oz eq. Do **not** round up.

Total weight (per portion) of product as purchased 13g (0.46 oz)

Total contribution of product (per portion) 0.5 oz equivalent

I certify that the above information is true and correct and that a 0.46 ounce portion of this product (ready for serving) provides 0.5 oz equivalent Grains. I further certify that noncreditable grains **are not** above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of noncreditable grains may not credit towards the grain requirements for school meals.

Signature Ron Pepperdine Title Dir. Regulatory Affairs

Printed Name Ron Pepperdine Date 10/26/18 Phone Number 704-557-8391

