



Fruity Cheerios(R), Cereal Bar



1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Fruity Cheerios pieces. 150 calories. No artificial sweeteners.

Product Last Saved Date:14 October 2018

Nutrition Facts

96 Servings per container

Serving Size 1 Bar (40g)

Amount Per Serving

Calories 150

% Daily Value*

Total Fat 3.5 g 5%

Saturated Fat 0.5 g **3%**

Trans Fat 0 g

Cholesterol 0 mg 0%

Sodium 95 mg 4%

Total Carbohydrate 29 g 10%

Dietary Fiber 3 g **13%**

Total Sugars 9 g

Includes g Added Sugars %

Protein 3 g

Vitamin D mg 2%

Calcium 0 mg 20%

Iron 0 mg 10%

Potassium mg %

*The % Daily Values (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

Product Specifications:

Man Prod Code	Dist Prod Code	GTIN	Pack	Pack Description
16000-31912	741261	10016000319124	96 X 1 ONZ	

Brand	Brand Owner	GPC Description
Fruity Cheerios(R)	General Mills Inc.	Cereal/Muesli Bars

Gross Weight	Net Weight	Country of Origin	Kosher	Child Nutrition
10.45 LBR	8.52 LBR	USA	Undeclared	No

Shipping Information

Length	Width	Height	Volume	TlxHI	Shelf Life	Storage Temp From/To
17.87 INH	12.25 INH	6.37 INH	0.807 FTQ	8x 7	248	32 FAH / 95 FAH

Ingredients :

Whole Grain Oats, Cereal (whole grain oats, sugar, oat bran, corn starch, corn syrup, salt, pear puree concentrate, color [vegetable juice, fruit juice, annatto extract], tripotassium phosphate, natural flavor, sodium citrate, citric acid, vitamin E [mixed tocopherols] and ascorbic acid added to retain freshness. Vitamins and Minerals: calcium carbonate, zinc and iron [mineral nutrients], vitamin C [sodium ascorbate], A B vitamin [niacinamide], vitamin B6 [pyridoxine hydrochloride], vitamin B2 [riboflavin], vitamin B1[thiamin mononitrate], vitamin A [palmitate], A B vitamin [folic acid], vitamin B12, vitamin D3), Corn Syrup, Fructose, Sugar, Canola Oil, Chicory Root Extract, Whole Wheat Flour, Maltodextrin. Contains 2% or less of: Brown Rice Flour, Vegetable Glycerin, Corn Flour, Calcium Carbonate, Wheat Starch, Salt, Vegetable Juice Color, Baking Soda, Natural Flavor, Soy Lecithin. CONTAINS WHEAT AND SOY INGREDIENTS.

Allergens(C='Contains' MC='May Contain' N='Free From' UN='Undeclared' 30='Free From Not Tested' 50='Derived From Ingredients' 60='Not Derived From Ingredients' NI='No Info

Eggs - NI	Milk - NI	Peanuts - NI
Soy - C	Wheat - C	TreeNuts - NI
Fish - NI	Crustacean - NI	

Handling Suggestions :

Individually wrapped cereal bars - store in cool dry location.

Benefits :

1 OZ EQ GRAIN. Meets USDA Whole Grain-Rich Criteria. Whole Grain Oats - First Ingredient. A chewy cereal bar made with Fruity Cheerios pieces. 150 calories. No artificial sweeteners.

Serving Suggestions :

Great as a ready-to-serve snack

Prep & Cooking Suggestions :

Ready to eat cereal bars

More Information :



Formulation Statement for Documenting Grains in School Meals
Required Beginning SY 2013-2014
(Crediting Standards Based on Grams of Creditable Grains)

School Food Authorities (SFAs) should include a copy of the label from the purchased product package in addition to the following information on letterhead signed by an official company representative. Grain products may be credited based on previous standards through SY 2012-2013. The new crediting standards for grains (as outlined in Policy Memorandum SP 30-2012) must be used beginning SY 2013-2014. SFAs have the option to choose the crediting method that best fits the specific needs of the menu planner.

Product Name: Fruity Cheerios® Cereal Bar Code No.: 16000-31912

Manufacturer: General Mills, Inc. Serving Size 1.42 OZ (40g)
(raw dough weight may be used to calculate creditable grain amount)

I. Does the product meet the Whole Grain-Rich Criteria: Yes X No
(Refer to SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program.)

II. Does the product contain non- creditable grains: Yes X No How many grams: <3.99g
(Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.)

III. Use Policy Memorandum SP 30-2012 Grain Requirements for the National School Lunch Program and School Breakfast Program: Exhibit A to determine if the product fits into Groups A-G, Group H or Group I. (Different methodologies are applied to calculate servings of grain component based on creditable grains. Groups A-G use the standard of 16grams creditable grain per oz eq; Group H uses the standard of 28grams creditable grain per oz eq; and Group I is reported by volume or weight.)

Indicate to which Exhibit A Group (A-I) the Product Belongs: D

Table with 4 columns: Description of Creditable Grain Ingredient*, Grams of Creditable Grain Ingredient per Portion A, Gram Standard of Creditable Grain per oz equivalent (16g or 28g) B, Creditable Amount A ÷ B. Row 1: Whole Grain Oats, Brown Rice Flour, Whole Wheat Flour, 18g, 16g, 18g ÷ 16g = 1.12. Row 2: Total Creditable Amount 3, 1.0

*Creditable grains are whole-grain meal/flour and enriched meal/flour.
1(Serving size) X (% of creditable grain in formula). Please be aware serving size other than grams must be converted to grams.
2Standard grams of creditable grains from the corresponding Group in Exhibit A.
3Total Creditable Amount must be rounded down to the nearest quarter (0.25) oz eq. Do not round up.

Total weight (per portion) of product as purchased 1.42 OZ (40g)
Total contribution of product (per portion) 1.00 oz equivalent

I certify that the above information is true and correct and that a (40g) 1.42 ounce portion of this product (ready for serving) provides 1.00 oz equivalent Grains. I further certify that non-creditable grains are not above 0.24 oz eq. per portion. Products with more than 0.24 oz equivalent or 3.99 grams for Groups A-G or 6.99 grams for Group H of non-creditable grains may not credit towards the grain requirements for school meals.

Anh-Tram Pham
Anh-Tram Pham, MPH, RD
Labeling and Regulatory Compliance Specialist, K12 Education
February 23, 2018