



# 74886 GFS Cube Seasoned Croutons 10-2 LB

INGREDIENTS: ENRICHED FLOUR (WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID), CANOLA OIL, WHEY, YEAST, SALT, 2% OR LESS OF HIGH FRUCTOSE CORN SYRUP, WHEAT GLUTEN, CORN SYRUP SOLIDS, CALCIUM PROPIONATE (PRESERVATIVE), CALCIUM PEROXIDE, CALCIUM SULFATE, ASCORBIC ACID, AZODICARBONAMIDE, SODIUM STEAROYL LACTYLATE, ONION POWDER, GARLIC POWDER, PARSLEY\*, AUTOLYZED YEAST EXTRACT, TBHQ (TO PRESERVE FRESHNESS). \*DEHYDRATED

**CONTAINS: WHEAT AND MILK.**

**PACKAGED IN A FACILITY THAT ALSO PACKAGES TREE NUTS.**

NUTRITION FACTS: Per Corrugated:

<b>Nutrition Facts</b>	
Serving Size 22 croutons (7g)	
Servings Per Container 1296	
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Amount Per Serving	
Calories 30	Calories from Fat 10
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	% Daily Value*
Total Fat 1g	1%
Saturated Fat 0g	0%
<i>Trans</i> Fat 0g	
Cholesterol 0mg	0%
Sodium 75mg	3%
Potassium 5mg	0%
Total Carbohydrate 5g	2%
Dietary Fiber 0g	1%
Sugars 0g	
Protein 1g	
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Vitamin A 0%	• Vitamin C 0%
Calcium 0%	• Iron 2%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000    2,500
Total Fat	Less than 65g    80g
Sat Fat	Less than 20g    25g
Cholesterol	Less than 300mg    300mg
Sodium	Less than 2,400mg    2,400mg
Total Carbohydrate	300g    375g
Dietary Fiber	25g    30g
Calories per gram:	
Fat 9 • Carbohydrate 4 • Protein 4	

Revised: December 3, 2008